# STUDENT SERVICES FOR ADULTS IN SOUTHEASTERN COMMUNITY AND JUNIOR COLLEGES: PERCEPTIONS OF CHIEF STUDENT AFFAIRS OFFICERS

BY

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Dedicated to

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STUDENT SERVICES FOR ADULTS IN SOUTHEASTERN COMMUNITY AND JUNIOR COLLEGES: PERCEPTIONS OF CHIEF STUDENT AFFAIRS OFFICERS

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The purpose of this research was to identify and to describe examples of student services programs which were designed to serve the special needs of older (24 years and older) students by community and junior colleges. The data were collected from a questionnaire and interview with the chief student personnel administrator at each of 18 community and junior colleges in the Southeastern United States.

Based on a review of the literature, five categories of student services were selected for study. These categories included admissions, counseling, financial aid, career planning and placement, and support services.

The questionnaire and interview items were developed from questionnaires and information found in the literature concerning adults and higher education.

An analysis of the data revealed the following facts.

- One half of the student personnel administrators surveyed were unable to supply enrollment data by full-time or part-time, male or female students.
- Services were not offered adults in all five of the categories studied.
- 3. Of those services offered most often, counseling and financial aid services received the greatest amount of institutional support and emphasis for serving adult learners. Career planning and support services received the least amount.
- 4. When addressing the needs of older students, as identified in the literature, community and junior college student services divisions have, on the average, made some attempt to meet those needs. None of them is attempting to meet all of their needs.
- 5. The chief student personnel officer of each institution perceived the services being offered adults as effective in meeting adults' needs.
- 6. None of the student personnel administrators could supply institutional research data confirming their positive perceptions of the impact services had had on increased enrollment and retention of older students.
- 7. Community and junior colleges generally did not officially differentiate between their traditional and non-traditional students, although the student services staffs normally did. Colleges which do not differentiate are less likely to have special services for older students.

8. Institutions in this study are not making adequate attempts to meet the non-academic needs of older students in all the service categories studied. Therefore, many of the needs for services held by lifelong learners are not being met by many community and junior college student services divisions.

# CHAPTER I

The establishment of a system of community and junior colleges provides an educational opportunity for people to whom further education would have otherwise been unavailable. Though serving the traditional college-bound youth, these institutions also provide post-secondary education to students of all ages with a variety of interests, aptitudes, family backgrounds, academic skills and cultural patterns. Some are intellectually and emotionally well-prepared for formal educational experiences while others are not (Higgins & Thurston, 1966).

Because of the existence of highly diverse groups of individuals, of various ages, the services provided by community colleges should be based on a continuous, systematic method of research concerning the characteristics and needs of their students. Armed with the knowledge gained from these investigations, each college can better plan and provide for more adequate and relevant services, the goal of which should be to assist each student in developing every aspect of his or her learning needs.

The review of the literature generally supports two theoretical points of view concerning adult learners. One of these is a humanistic theory which declares that adults have a natural tendency to learn and that they will do so if encouraged. Humanists believe

Throughout the text, the term "community college(s)" should be understood to include both community and junior colleges.

that adult learners should be provided with several options of people, resources and materials from which to learn without passing judgment on the nature or the quality of the experience. Adults need help in thinking through what they want to learn and how they want to learn it (Cross, 1981).

The second is a developmental theory which essentially states that people learn because of changes or crises in their lives which create challenges and stimulation. This learning is, in fact, developmental (Cross, 1981). Adults facing developmental tasks often need assistance in clarifying their situations and identifying ways of dealing with them.

The non-instructional student services provided adult constituents of the community college should facilitate access to the learning resources of the institution, provide information about themselves (e.g., strengths and weaknesses), and provide counseling and referral for help in overcoming anxieties, finding direction, making decisions, choosing a career, and so forth (Cross, 1979). Williamson views student

services in education as complementary to that of the classroom teachers--insofar as the student's intellectual development is concerned. With respect to other areas of his development, we are the principle educators. (1961, pp. 18-19)

#### Historical Overview

The community/junior college movement originated in the middle of the nineteenth century in an unsuccessful attempt to extend the high school years to six, eliminating the need for the freshman and sophomore years at the university level. Henry Tappan, President of the University of Michigan, and William Watts Folwell, President of the

University of Minnesota, were its principle advocates (Thornton, 1972). In 1892, however, the President of the University of Chicago, William Raney Harper, effectively separated the first two years (establishing the academic--later junior--college) from the second two years (establishing the University--later senior--college). The former was designed to augment the four-year high school curriculum with two more years of secondary work, and, in 1900, the University began awarding the Associate of Arts degree to all those who completed the junior college program. The movement was supported on the West Coast primarily by David S. Jordan of Stanford University and Alexis Lange of the University of California (Thornton, 1972).

Four central influences encouraged the development of the idea. These included the rapid growth of the universities and their tendency toward large classes, the desire of the normal schools to offer collegiate subjects, the inability of several small colleges to provide academic quality in a four-year degree program, and the addition of two years to the high school curriculum to add a new dimension to public education (Thornton, 1972).

The American Association of Junior Colleges in 1922 designated the junior college as any institution offering the first two years of strictly collegiate instruction. The curriculum was later expanded to include vocational courses, and terminal degrees began receiving as much emphasis as transfer degrees, with an attempt to meet the general education needs of members of the local community (Thornton, 1972). In 1930, Nicholas Ricciardi wrote that

A fully organized junior college aims to meet the needs of a community in which it is located, including preparation for

institutions of higher learning, liberal arts education for those who are not going beyond graduation from the junior college, vocational training for particular occupations usually designated as semi-professional vocations, and short courses for adults with special interest. (Cited in Thornton, 1972, p. 55)

The trend toward a comprehensive two-year college program to provide something for everyone was begun. In 1936, Byron S. Hollinshead stated

That the junior college should be a community college, meeting community needs; that it should serve to promote a greater social and civic intelligence in the community; that it should provide opportunities for increased adult education; that it should provide educational, recreational, and vocational opportunities for young people; that the cultural facilities of the institution should be placed at the disposal of the community; and that the work of the community college should be closely integrated with the work of the high schools and the work of other community institutions. (Cited in Thornton, 1972, p. 55)

America's involvement in World War II created a decline in enrollments for the junior colleges' regular programs. To compensate, community action programs were designed to offer war-time alternatives for those not overseas. Heightened interest in the world and its social and political varieties and the desire for opportunities to learn, or improve upon, occupational knowledge were satisfied through the curricula of the junior colleges. Adults, who were not historically considered college material, turned to the junior college for educational and cultural activities. After the war, these opportunities continued and the community/junior college idea was developed (Thornton, 1972; Medsker & Tillery, 1971).

The skilled manpower needs required by technological advancements necessitated the continuous revision and expansion of the community college curriculum between 1958 and the decade of the 1960s (Medsker & Tillery, 1971). This period saw an increase not only in the number of

students who were products of the post-war "baby-boom," but also in the number of older (over 25 years) persons who were not traditionally perceived as college students. The predictions of future enrollments in higher education indicate increasing numbers of adults and decreasing numbers of 18 to 21 year old students (Levitz & Noel, 1980).

#### The Problem

The complexion of the community college student body has been steadily changing in recent years, and promises to continue to change in the future. Between 1972 and 1977, the proportion of students over the age of 25 increased from 28 percent to 33 percent, while that of students less than 24 decreased from 71 percent to 67 percent, a trend which is expected to continue (Levitz & Noel, 1980). In light of the apparent pending decline in traditional college enrollments, many postsecondary educational institutions have begun to reexamine what they have traditionally provided for their students and are attempting to meet the needs of the emerging older student body (Levitz & Noel, 1980).

What is being discovered about this new clientele is that there are three general problems of access for adult learners (Cross, 1978). The first is that, because of jobs and other adult responsibilities, a full-time commitment to learning is inappropriate. Second, the variety of experiences which adults have attained are greater and more diverse than those of younger people—a special consideration for which granting credit and class placement must be given. Finally, the

adult's orientation to formal learning will have need for adjustment because of the numbers of years most of them have been out of school.

Evolving is a society of learners with a wide variety of unique needs and interests on one hand, and an assortment of learning resources to which they can turn to fulfill those needs and interests on the other. For this learning society to prosper, each post-secondary educational institution, especially the community college, must rearrange its priorities so that it puts

the student first and the institution second, concentrates more on the former's need than the latter's convenience, encourages diversity of individual opportunity rather than uniform prescription, and deemphasizes time, space, and even course requirements in favor of competence and, where applicable, performance. It has concern for the learner of any age and circumstance, for the degree aspirant as well as the person who finds sufficient reward in enriching life through constant, periodic, or occasional study. (Commission on Non-Traditional Study, 1973, p. xv)

The American College Testing Program (ACT) study on Attracting and Retaining Adult Learners, ARAL (Levitz & Noel, 1980), has identified institutions and programs which are attempting to meet this directive. Though their survey included community and junior colleges, the majority of the responses came from public and private four-year institutions. Likewise, a review of the literature has shown that the needs of older students have been generally identified. Because of relatively high levels of anxiety, low academic selfconcept, familial misunderstandings, and general problems of adjustment to a new and demanding lifestyle, there is a need for personal counseling (Levitz & Noel, 1980; Rawlins, 1979; Bulpitt, 1973).

Many of the older students enroll in college with little or no idea of any goals other than to learn something new and/or to prepare

for a new career. Often there is a lack of understanding of the educational requirements to enter a career field once it has been identified. To help these individuals there is a need for adequate educational and career counseling and placement (Cross, 1978; Dewey, 1980; Goodman, 1981; Levine, 1978).

College costs place an additional financial burden on most people who attend. For older students with family responsibilities, especially those who take part-time jobs to attend classes full time, going to school represents a loss of income.

The same is true for those on fixed incomes, primarily senior citizens. Therefore, there is a need for financial aid among older adult students (Cross, 1980; Cross & Zussman, 1974; Malin, Bray, Dougherty, & Skinner, 1980).

Adult students frequently require special considerations for recruitment and have special needs for admissions (Brodzinski, 1980; Cross & Zussman, 1974; Rawlins, 1979). Evening students cannot always take time from their jobs to make applications or receive academic advisement or register for classes. Offering these services in the evenings or in off-campus locations gives adult students alternative opportunities for enrollment.

Finally, there are needs which must be addressed after students are in classes. The need for such benefits as tutorial services, learning skills (math, reading, study skills) assistance, peer support, and child care exist because older students, many of whom have responsibility for children, have been away from formal education for varying periods of time. Special student support services can help them renew their learning skills, while offering the opportunity

to have children cared for while parents are in class (Cross & Zussman, 1974; Kasworm, 1980; Levitz & Noel, 1980).

Research studies have identified the needs of adult students, the adequate institutional response to which could attract nearly 40 million more students (Levitz & Noel, 1980). The problem, therefore, is to identify how community colleges are attempting to meet those needs.

#### The Purpose

#### Statement of the Purpose

The purpose of this research was to identify and to describe examples of student services programs which were designed to serve the special needs of older students by community college student affairs offices. Eighteen community and junior colleges in Alabama, Florida, Georgia, Kentucky, Louisiana, Mississippi, North Carolina, South Carolina, Tennessee, Texas, and Virginia were randomly selected for the study. By identifying older students' needs through a review of the literature, and based on the response to a preliminary survey of student affairs practitioners, the functions of admissions, counseling, financial aid, career planning and placement, and student support services were studied as the areas most likely to fulfill those needs.

To accomplish this purpose, the following questions were investigated through the use of a questionnaire and personal interviews.

1. Which of the five services being investigated are provided for adult students in a way which is different from the more traditional applications?

- 2. Which services receive the greatest emphasis for non-traditional students?
- 3. Are the student services which are offered addressing the needs of adults as identified in the literature?
- 4. As perceived by the chief student personnel officers, are the services offered effective in providing for the special needs of adult learners?
- 5. Do community and junior colleges differentiate between traditional and non-traditional students by definition?
- 6. Have the services offered adult students contributed to the increased enrollment or retention of adult students?

#### Delimitations and Limitations

In conducting this research, the following confinements and weaknesses were observed.

- 1. Because some state two-year colleges include the word "technical" in their titles while excluding "community" or "junior," and to avoid including a college more technically than academically oriented, the population of the study was confined to institutions whose name reflected "community college" or "junior college."
- 2. Because the preeminent method for gathering information about the services offered was the telephone interview, and because of the expense and impracticality of interviewing all the community and junior colleges in 11 states, the population for this study included a 10 percent random sample of community and junior colleges in each of those states.

- Because the sample size was limited, generalizations about the extent of services offered in other institutions must be made cautiously.
- 4. Due to the continuing increase of adult students in community colleges and the recent concern for lifelong learning, the review of the literature, with the exception of a few basic references, centered on materials and research published since 1970.

#### Justification

The term "androgogy" means helping adults to learn, and it is based on four assumptions concerning adult learners. These assumptions include (a) the inclination of adults to be independent and self-directed, (b) the accumulation of experiences which serve as resources for learning, (c) a readiness to learn which is oriented to developmental tasks, and (d) shifts in perspective from "postponed application of knowledge to immediacy of application," and in learning orientation from "subject-centeredness to problem-centeredness" (Cross, 1981, p. 223). These assumptions appear to encompass both the humanistic (assumptions a and b) and the developmental (assumptions c and d) theories mentioned above. Regardless of the theoretical orientation one might espouse, adults have needs for both instructional and non-instructional services which will help them to either fulfill their natural tendency to learn or to meet their developmental challenges.

## Definition of Terms

Throughout this paper, subject-specific terms are defined as follows:

Adult learners (or students). One would not be incorrect in counting all college students 18 years of age or older as adults.

"Adult" has been defined by some institutions as those students over 21 years of age; by others as those with adult responsibilities or commitments and those employed full time; and still others as those who have had a significant break in time between educational experiences (Levitz & Noel, 1980). For the purposes of this study, however, the adult learner is defined as one who has reached the age of 24 years.

Lifelong education. Lifelong education consists of planned experiences (formal and informal) from which an individual learns.

These experiences, as used herein, are those offered by an institution of higher education.

<u>Lifelong learning</u>. Learning occurs from birth to death and is, therefore, lifelong.

Traditional students. College students historically have been perceived as ranging in age from 18 to 23 years and of entering college from preparatory programs in the secondary school. They also usually come from middle- to upper-class families. Those who enter college with these characteristics are, therefore, traditional.

<u>Non-traditional students</u>. Any students not of the traditional type are non-traditional. These include students who are 24 years of age or older, who have weak academic experiences, who are often from lower socioeconomic families, and who are not necessarily into education for the purpose of earning a degree.

<u>Student services</u>. When not specified, student services include the full range of non-academic services provided, i.e., counseling,

admissions, financial aid, student government, registration, student activities, orientation, career planning, testing and evaluation, placement, job placement, and academic advisement (Monroe, 1972).

#### Summary

Because of the trend for students of community colleges to be more non-traditional, it seems only proper that the student services provided by these colleges be evaluated and adjusted to meet the needs and the interests of their new clientele. The literature includes ample information concerning the needs of adult students and recommendations for what community colleges should be doing for the adult learner. However, it is devoid of comprehensive information about what community and junior colleges are in fact doing for the adult learner. The purpose of this study, therefore, is to discover what services are being rendered and how well they are perceived to accomplish their goals. An account of these services will also be provided.

Chapter II will present a review of the literature related to community and junior colleges, student personnel services and adult learners, and the relationship of each to the other. It will identify the needs of adult students, the services traditionally available to all students, and the apparent inability of those services to meet the needs of the lifelong learner.

#### CHAPTER II REVIEW OF THE RELATED LITERATURE

#### The Students

Probably the most common assumption concerning formal education is that it includes attendance in kindergarten through 12th grades (K-12) with perhaps some college included for the more intellectually elite. The truth is, however, that discussion has recently centered around the realization that, unless people vegetate, they will continue to learn throughout their lifetime (Cross, 1978). Many are involved in learning which is informal and self-directed, while others are engaged in one or more activities of organized instruction. Developmentalists would contend that people progress through an adult life cycle during which they must cope with developmental tasks as they present themselves, i.e., leaving home, getting married, rearing children, establishing or changing careers, losing a spouse, and retiring (Gould, 1975; Levinson, 1978; Sheehy, 1976). As these transitions occur, they cause a rethinking and restructuring of one's life in "an attempt to grasp confusion, frequently accompanied with considerable struggle, pain, anxiety or stress, [which] often prompts courageous risk-taking as the person reaches toward a new perspective" (Fund for the Improvement of Postsecondary Education, 1980, p. 27). This perspective is frequently found by enrolling in various forms of educational activities (FIPSE, 1980).

This trend has led to the formulation of such terminology as "lifelong learner," "lifelong education," and "learning society" (Cross, 1978). Support for this movement is presented in the Levitz and Noel study on Attracting and Retaining Adult Learners, ARAL (1980), in which they have reported that the percentage of college enrollment for men aged 25 to 34 increased from 11 percent in 1959 to 17 percent in 1978. For women of the same age range, the percentages were 2 and 14 in 1959 and 1978 respectively. They also quote predictions for the next decade (1980-1990) which reveal that attendance by those aged 25 to 34 will increase by 13 percent, those 35 to 44 will increase by 39 percent, and those 45 to 54 will increase by 12 percent. Conversely, those enrollees aged 18 to 24 years will decline by 15 percent.

This influx of older students has created difficulties in defining the adult student. The ARAL study (Levitz & Noel, 1980) indicated that there is no set definition, that institutions will define adults according to their (the institutions') particular needs. Eldred and Marienau (1979) reported definitions by age range from "under twenty" (at Kansas State University, Louisiana State University, and Flaming Rainbow University in Talequah, Oklahoma) to those at least 23 (at Trinity College and Drew University). Some programs use credits earned or years worked as criteria for classification as an adult. Community and junior colleges are most likely to set the lower limits of "adulthood" at age 18. Cross (1981) defines the nontraditional adult student as a part-time learner with full-time adult responsibilities.

Characteristically, many members of this learning society are predominantly privileged, middle- and upper-class Caucasians who are already well-educated and who occupy white collar positions in the work force (Cross & Zussman, 1974; Eldred & Marienau, 1979). They are students who

view themselves as self-directing individuals, capable of making decisions about their education and accepting the consequences of their actions. They are able to engage in self-diagnosis of their educational needs based on their perceived match of past experience and future goals. They prefer action-oriented learning techniques to achieve that match. (Eldred & Marienau, 1979, p. 10)

Their decision to attend college is often influenced by the promise of social status and economic gain, and as an opportunity to change and/or express their present interests (Eldred & Marienau, 1979).

On the other hand, entering higher education in greater numbers, especially in community and junior colleges, are minority adults and senior citizens, many of whom have part-time jobs, low income and very little educational attainment (Cross, 1978). On the average, they suffer with a weak self-concept and little confidence in their academic ability (Bulpitt, 1973). Cross (1978) says that these under-represented would-be learners are interested in career and educational counseling but have little information about these services and educational opportunities. Furthermore, many of them are job-oriented with interest in degrees and certificates which are salable in the world of work, yet they perceive the cost of attaining a degree or certificate as a barrier.

Many undergraduates over 30 years of age face both physical and psychological barriers to their participation in a formal learning experience in an institution of postsecondary education. There are

fears of being too conspicuous and of being rejected because of the difference in age between them and the traditional students on campus. There is also anxiety concerning their ability to communicate at an appropriate level (Rawlins, 1979). These individuals frequently lack self-confidence in their ability to successfully compete with younger students with more recent formal educational experiences (Heffernan, Macy, & Vickers, 1976). In 1972, the Educational Testing Service (ETS) found that approximately 26 million adults did not participate for reasons which could have been remedied through adequate counseling (Heffernan et al., 1976).

Remembering that adult learners can be defined as those learners with adult responsibilities (Cross, 1980), other barriers become evident. Levitz and Noel (1980) report conflicts between job responsibilities and class scheduling in which participation in one often prohibits participation in the other; conflict with home and family life where there may be a lack of understanding of the learner's motivation to return to school and a lack of support for the venture; conflict with child-care obligations and the lack of child-care services which could relieve a parent of such obligations long enough to attend classes.

Malin, Bray, Dougherty and Skinner (1980) studied factors which affect the performance and satisfaction of adult college students and found that men have more difficulty adjusting to college than do women. On the average they have lower grade point averages (GPAs); they enjoy less positive intellectual and personal achievement; and they have more family complaints about the amount of money spent on

college. Most men place greater emphasis on job roles than on intellectual goals.

Finally, for adults to return to formal education they often must experience a reduced level of income because of the necessity to change from full time to part time employment in order to attend classes, or because payment for tuition takes funds away from other personal expenditures. This fact has its own problems which can compound the other problems already discussed (Cross, 1981; Malin et al., 1980).

Levine (1978), in his <u>Handbook of Undergraduate Curriculum</u>, lists 12 most common reasons for students "stopping out" (leaving school then returning after an unpredetermined period of time). The list contains reasons which summarize the barriers faced by adult learners and reveals commonalities between traditional and non-traditional students. Among these barriers are personal circumstances, medical or health problems, financial difficulties and poor academic performances.

It has been estimated that 40 million adults would return to classroom study if institutions were more responsive to their personal and educational needs (Levitz & Noel, 1980). Because of these varying needs (which can cause difficulties for traditional as well as non-traditional students), institutions must offer opportunities and services devoted to this new clientele (Cross & Zussman, 1974). Included among these could be such services as an adult-centered orientation (to include spouses), financial aid considerations (there is little financial aid for students taking less than a half-time class load), child-care services, separate counseling and advising services, the business office and computer terminals. Institutions

need to facilitate the initial enrollment process for adults, make special efforts to interpret the curriculum, to evaluate past academic experiences, to plan a program of study, and to deal with reentry concerns and obstacles (Cross & Zussman, 1974; Rawlins, 1979).

Although one study of 256 full- and part-time, traditional and non-traditional students attending a California community college showed no significant difference in the counseling needs of these two groups of students (Ancheta, 1980), others have found that adults place more emphasis on their needs for personal growth and development and their learning experiences, and less on social involvement and companionship than do the more traditional students (Dewey, 1980; Goodman, 1981). The need for counseling services directly applicable toward adult students with their particular needs is implied in these findings.

Because the non-traditional students are, in most cases, both physically and emotionally different from younger students, several student services traditionally found on many campuses have been deemed inappropriate (Brodzinski, 1980). These include

- adolescent social programs;
- counseling geared toward the developmental needs of 18 to 21 year olds;
- 3. midday activities on weekdays;
- admissions procedures requiring recommendations from high school teachers;
- correspondence addressed "dear parent";
- 6. high caloried adolescent food in the cafeteria;
- 7. job placement which focuses on entry level positions;

- 8. orientations which focus on adapting to college and making decisions for the first time;
- schedules and programs for students with more flexible time limitations;
- 10. inappropriate use of fees;
- 11. closing offices at 5:30 p.m. (Brodzinski, 1980, p. 6)

Another study (Kasworm, 1980) compared the use of various student services by younger (traditional) and older (non-traditional) students at the University of Georgia. Younger students were more likely to use such services as orientation, housing, physical health facilities, student union activities, religious centers and academic advising. Older students, on the other hand, were more inclined to want tutoring services, career counseling, job placement, personal counseling and financial aid.

#### The Institution

Learning cannot be confined to the limits of several years nor to the restriction of four walls; it can occur daily throughout the span of a lifetime and in any place. Many who want to learn something new prefer to do so individually by reading, talking to experts in the field, or seeking experiences for first-hand knowledge. Institutions of higher learning are trying to "legitimize" this learning by attracting adults to college classes, by "getting more and more citizens to conduct their learning activities within the organizational arrangements of the formal educational system" (Ziegler, 1977, pp. 15-16).

If postsecondary educational institutions are going to accept the responsibility for planning and directing the learning programs for adult learners, then they must adjust their policies and procedures to fully meet this responsibility. (Cross, 1978, p. 32)

The Fund for the Improvement of Postsecondary Education (FIPSE) sponsored four programs for adult higher education (Clark University, Loretto Heights College, Mary Baldwin College and Vermont State Colleges). Though each of the programs differed, four common premises, applicable to any institution serving adults, were evident (FIPSE, 1980):

- 1. The decision to return to school is a major step in an adult's life. The daily lives of adults are complex, consisting of many demanding responsibilities; the additional burden of study cannot be lightly assumed.
- 2. Adults often seek more from their return to education than further accumulation of knowledge or technical training. Quite often, in fact, at the time of re-enrollment, they are undergoing a major change in life perspective. Research in adulthood can help us to understand this phenomenon and suggest constructive ways in which to respond.
- 3. In order for educational programs to respond to adults' needs, institutions must often make major changes in curriculum, teaching methodologies, advising, and administrative arrangements.
- 4. In order for a responsive program for adults to flourish, a strong institutional commitment is needed. Faculty, administration, and staff may need to rethink their attitudes about students, the nature of teaching and learning, and the societal mission of teaching and learning. (p. 2)

With concern for the mature learner in higher education, institutions must reevaluate their philosophies to match, within the context of education and learning, the goals of the institution with those of their new students. In order to do this, three principles need to be modified. These principles include program accessibility (admissions criteria, time options for completing the degree, and assessment of prior learning), flexibility (residency requirements, scheduling), and synthesis (merging the theoretical and practical nature of the curricula) (Pierce, 1979; Robbins, 1973). Programs also

need to be personalized by building on teaching and counseling strengths and by providing institutional encouragement for students to learn at their own pace (Robbins, 1973).

Facilitating adults should not be a new experience for community college personnel, but to do it well requires that adequate attention to the existence of older students be given by the institution's administrators, and that the student services function be integrated with the academic function pragmatically as well as philosophically. Though achieving this requires the school to create a singular goal in which institutional commitment is made to organize, develop and support programs which adequately serve adults, it must also balance the integration of special adult programs into the curriculum with the autonomy of both traditional and non-traditional programs to ensure adults are appropriately served. Finally, programs and services must be financially feasible, allowing the program to grow without draining institutional resources (FIPSE, 1980).

In order to attract, serve and retain the adult learner more adequately, institutions must recognize the restrictions and personal, developmental, and educational needs of this clientele and adapt their programs accordingly (Miller, 1978). The student services divisions in at least 20 percent of higher educational institutions have begun to question their age orientation and the relevance of their basic philosophy and goals regarding older students (Kasworm, 1980).

Knox (1979) and Monroe (1972) list several traditional functions for student services. These are orientation at which students receive information concerning the campus, the curriculum, careers, and extracurricular activities; appraisal of attitudes, interests and

abilities; consultation involving pre-admissions counseling and academic advisement; participation functions which govern cocurricular activities and student government; publicity, recruitment, registration and record-keeping; services to provide financial aid and job placement; and organizational responsibilities for articulation of programs, in-service education, program evaluation, and its own administrative organization. Student services personnel are challenged to create an environment for the non-traditional students which will foster their success and development, and to keep faculty and administration abreast of the behavioral and developmental needs of these students (Dewey, 1980).

Community colleges are convenient! In Florida, the goal to provide post high school educational opportunities within commuting distance of 99 percent of the population was achieved in 1972 with the establishment of its 28th community college. Each college provides community services, vocational education opportunities, and general academic education (Wygal, 1980). Because they are relatively close to so many in the state, they are more likely to serve blue collar workers, the educationally disadvantaged who are in school for job training, and the senior citizens pursuing lifelong learning because these are the people most likely to prefer locations near home or work (Levine, 1978; Murphy, 1980).

So little of the literature written about adult programs includes examples of what institutions are currently doing. One such study, however, questioned the services provided older students in Florida community colleges (Fauquet, 1977). The findings indicated that only 50 percent of the colleges had made any attempt at reconciling

accessibility for adults in the admissions and registration function. Credit for past experiences was usually evaluated only by the College Level Examination Program (CLEP). Only about one-half of the colleges offered courses and services away from campus in locations more convenient to students. Financial aid was usually available, including tuition waivers for senior citizens.

It was found that, though counseling services were available, there was little use of peers in the process, and publicity on the availability of services was rarely directed toward adults. Food services were available usually in the mornings and early afternoons (rarely in the evenings). Very little of the materials covered in orientation was designed for older students. Eleven of the schools offered courses in life problems and needs, 18 had off-campus services available, and only 3 had a staff especially trained and designated to serve older students.

Several special efforts to serve adults were identified from this study (Fauquet, 1977). These included recruitment in special places where potential older students might be found, special women's and mature students' programs, peer counseling and advisement, and special publicity.

Levitz and Noel (1980) found that as many as 72 percent of the schools they surveyed had made some effort toward facilitating adults in the areas of admissions, marketing, counseling, registration, scheduling, financial aid, and course offerings. The least amount of effort was in the area of special student services (adult student center, day-care facility), faculty development, program evaluation, and funding of new programs. They concluded that the proportion of

adult enrollment to the total enrollment will alter the institution's perception of the essential nature of programs for adult learners.

In another study, 140 southeastern community colleges of less than 5,000 enrollment were surveyed about the counseling services they provided for older students (Goodman & Beard, 1976). The services were ranked according to the emphasis placed on them for adults. The rank order was as follows: (1) academic counseling; (2) vocational counseling; (3) personal adjustment; (4) college transfer; (5) financial aid; (6) testing; (7) job placement. It was concluded that more career planning and placement and more personal counseling were needed.

This ranking is somewhat reinforced by Wolf and Dameron (1975) who emphasized that community college counselors spend more time in academic counseling than in personal or social counseling. Cross (1978) states that only 10 percent of those institutions which serve adults provide counseling services directed toward their special needs. She indicates that there are several ways of doing this, "ranging from the one-on-one traditional counseling model, to group sessions and classes on educational planning and consumer choice, to interactive computer models" (Cross, 1978, p. 47).

Academic advising is a very important service, yet in many cases there is little institutional agreement about who has responsibility for advising tasks. "Institutions have not translated advising services into clear practices and statements of policy" (Muller, 1980). Those who serve the advising function must be astute in helping adult learners synthesize the relationship between life problems and educational problems. The skills of the advisor should

complement those of the faculty in teaching their courses, making the instructional process more effective (Eldred & Marienau, 1979).

Part-time students are less satisfied with academic advising than are full-time students. Part-time students have unique needs which are often overlooked, in many cases because community college counselors give only lip service to addressing those needs (Teague, 1977). Adults expect help with planning and guiding their formal learning (Tough, 1978). Counselors must be able to help students to (a) identify problems, needs, interests, wants or options; (b) gain self-insight or accurate self-assessments; (c) examine a variety of options, both self- and professionally planned; (d) set priorities and choose a direction for learning; (e) select a general strategy and appropriate resources; (f) perform tasks required for guiding the learning effort through a successful completion (Tough, 1978, p. 260).

To fulfill these tasks and duties requires a staff sensitive to the needs of adults, preferably a staff who have also taken the emotional and intellectual risks involved with beginning or returning to academic endeavor. Key staff members must be philosophically in accord with the goals of any of the institution's programs which serve adults (FIPSE, 1980). The student services staff has the responsibility for the "process" of advising while adjunct members (faculty and community resources) would have more responsibility for the "content" (factual information) of the program.

It is important that staff members realize that it is neither them nor the institution which needs to be accommodated, but rather the students (Pierce, 1979). Too often are student services designed to meet the needs of the institution rather than those of the students

served. "A people-to-people relationship built on response to real and individual needs is the quality of service for students that the community college is all about" (Ebersole & Hargis, 1974, p. 24).

Student services has come under criticism, much of it justifiable, for its shortcomings (Monroe, 1972). As a division within the institution, it is still not without its problems. One is that, due to differing philosophical points of view, many faculty consider student personnel workers as second class citizens (Blocker, 1974). Counselors have been accused of being a crutch for weak and irresponsible students, helping them to escape their academic responsibility (Monroe, 1972).

But these are problems of a philosophical nature and may never be satisfactorily resolved. According to several authors (Knox, 1979; Thornton & Mitchell, 1979), three factors have contributed to a lack of services for older students. First, quite often the administration sees little need for providing such services. Secondly, there is a lack of serious commitment toward the program's success. Finally, there is a reluctance to make clear-cut role distinctions in adult programs. What happens when adequate guidance and counseling services are not provided is that students tend to select courses without regard for prerequisites; they sometimes over- or under-estimate their academic ability; they sometimes fail to take sequential courses in progression; and they frequently remain unfamiliar with course and/or program requirements (Thornton & Mitchell, 1979).

The major problems confronting student services include lack of adequate communication about services available, lack of support from other staff and trustees, difficulty in coordinating services with

outside groups, identifying the needs and interests of the clientele, planning, administering, supervising and evaluating programs, lack of adequate financial resources, identifying objectives, and developing a philosophy compatible with program goals (Medsker & Tillery, 1971).

With regard to counseling the adult student, problems exist in the lack of students' self-confidence related to their learning ability, their unrealistic expectations of progress, their irrelevant learning tasks, their seeking help from wrong sources or not seeking it in time, and their lack of appropriate study habits (Knox, 1979).

#### Recommendations for Resolution

Cross has stated that

A Volkswagon is not a cheaper, lighter Cadilac; it is a different car designed for different purposes. Similarly, college for the masses is not a low-standard version of college for the elite; it is a different kind of education with high standards true to its own purpose. (Cited in Overly, 1979, p. 37)

Colleges in general, and student services personnel in particular, must work toward maintaining high standards in order not to deprive the adult students of quality education and the services to enhance that education (Cross, 1978).

Educational brokering services, a relatively new proprietary concept in services for students, provide help for their clients in defining their educational goals through self-assessment, values clarification and long-term planning. Through this assessment procedure, clients are better prepared to make decisions and to set objectives for their further education, and to select methods by which they will receive that education. Finally, the brokering service assists students in gaining access to appropriate learning experiences

by facilitating the admissions process, financial aid applications, recognition for prior learning, and other services in order to smooth the transition back into formal learning (Heffernan et al., 1976).

Tough (1978) indirectly reinforces these procedures. He claims that, in order to foster policy revision and to provide these kinds of new services, institutions must carefully examine the services needed and provided. The results would furnish insight into which services, programs, and help would be most beneficial.

To meet more adequately the needs of the part-time, older students, policies and procedures must be reexamined in terms of their responsiveness to those needs. The areas of admissions, credit for prior learning, career counseling and placement, personal counseling, financial assistance, teaching methodologies and the curriculum must, where necessary, be revised for this clientele (Watson, 1980). It is imperative for student services to develop a responsiveness to adult student needs. Ways of becoming responsive are by following a human development model, examining values, goals and objectives, both collectively as a staff and individually, and allowing student participation in making decisions about programs and services (Neher & Potter, 1974; Wygal, 1980).

Pierce (1979) recommends change in the following services:

- admissions--make special considerations where applicable; be flexible
- registration--eliminate as much red tape as possible; providea special orientation to clarify directions
  - 3. financial aid--provide a deferred payment plan

- 4. class schedules and course selection--provide schedule flexibility, location options, short-term sessions and child care
- 5. physical plant--improve the readability of signs, access to parking, accessibility of buildings and grounds
- 6. information and assistance--provide open offices, methods for contacting students in case of cancelled or rescheduled classes, more telephones, bulletin boards and security personnel

In addition to the areas listed above, Thornton and Mitchell (1979) have suggested that the needs of adult learners be further researched, that referral services encompassing financial aid, academic resources, social and medical facilities be identified, that counseling be student-centered rather than institution-centered, and that the range of available counseling activities be clarified. Likewise, Wygal (1980) recommends that community educational information centers be established to provide all these services in one location.

The Florida Assembly on Policies for Lifelong Education (1980) has made recommendations to various state and local administrative levels to improve the quality of services for lifelong learners. To the state legislature they recommend the appropriation of extra funds for counseling and registration services and for adequate facilities for providing these services. The Legislature must also support a commitment to provide such services to assure the attainment of necessary skills to deal with the changing society.

The Assembly recommended that the Division of Community Colleges take the lead in developing policy for meeting the financial aid needs and eligibility criteria for part-time students. The Division is

charged with removing barriers to access for adults into programs and services.

The district boards of trustees are urged to adopt policies and procedures to foster lifelong learning. This would include the modification of, among other areas, student services and recruitment. In the former, there must be a commitment to non-traditional financial aid, admissions policies, registration, orientation, counseling (both personal and career), child care and referrals. For the latter, it includes intensive community outreach to the financially and educationally disadvantaged citizens, veterans, institutionalized clients and others.

To the individual community colleges, the Assembly recommends establishing policies and procedures which apply equally to all students; developing programs and services which respond to the needs of lifelong learners; providing enrichment opportunities, peer counseling, and attitudes of acceptance for non-traditional students (Wygal, 1980).

Recommendations have been made also from similar Assemblies in California and in North Carolina. The California Assembly recommended that community colleges provide support services for continuing education students based on needs assessments; that greater consideration be given for lifelong experiences in placement in classes and in granting of credit; that flexibility be a keyword for providing for the needs of adult students, i.e., outreach, class length, instructional methodologies; and staff development with emphasis on teaching strategies for, and sensitivity toward, adult learners (Gilder, 1981).

The North Carolina Assembly recommended expanded student services for part-time and non-credit students, increased access to federal student aid, more off-campus delivery sites, and improved publicity for greater understanding of what services are available (Gilder, 1981b).

Summarizing the final reports of these various state assemblies for lifelong learners, Gilder (1981a) concludes that community colleges have the primary (though not the exclusive) responsibility for providing education for adults in local service areas. She recommends that

the lifelong education mission of the community college be supported with regard to (a) internal and external constituencies; (b) expectations of comprehensive programs and services; (c) new learners' needs in a changing culture; (d) special student groups; (e) staff and faculty commitment to the mission. (Gilder, 1981, p. 4)

Cross (1978) has compiled a list of recommendations gleaned from reports by various state and national studies which address access issues in adult higher education. The recommendations were classified into the major headings of information, counseling services, support services, access and advocacy, financial aid, and credit. The following are examples of recommendations from each area:

<u>Information</u>. A statewide information retrieval and counseling <u>system</u> (should be established) for advising adult students about the full range of postsecondary opportunities available to them (Illinois).

<u>Counseling services</u>. Construct and implement a plan for more adequate information, referral and counseling services for the adult learners (New York).

<u>Support services</u>. Existing campus facilities should be available to the part-time student, particularly in the late afternoons, evenings, on week-ends and in the summer (California).

Access and advocacy. Mandate public policy which enables the state's adult learners to have the educational resources and services of public and private postsecondary educational institutions accessible to them throughout their lifetime, and that such access be made available without regard to race, age, sex, or place of residence (Florida).

<u>Financial aid</u>. Examine present practices in administering student financial aids and, where necessary, take steps to make financial aid equitable for all students--full-time and part-time, younger and older, male and female (Utah).

<u>Credit.</u> There should be continued experimentation with forms of non-traditional study which minimizes the traditional rigidities of campus life: time (prescribed years of study); space (residence on campus); and systems of academic accounting (credits or honor points earned) (United States). (pp. 57-79)

#### Summary

America is growing older. The enrollment impact of the post-World War II baby boom on secondary and postsecondary education has peaked and begun to decline. The traditional students (age 18-22 years) will not be as abundant in the future as they are today. Higher educational institutions throughout the United States are now experiencing the phenomenon of the lifelong learners, non-traditional students whose age might be anywhere above 24 years and whose learning goals range from personal enrichment to improving job skills to preparing for a career change. Each of these learners comes to college with a unique background and unique personal and educational needs. Most are relatively well-educated, middle-income people. But less well-educated, lower-income, disadvantaged people are also seeking further education. Regardless of their socioeconomic status, many share the same physical and psychological barriers to participation.

Because their needs usually differ from those of the younger, traditional student, the adult learners' needs for and use of various

services will usually differ also. Adults are more likely than younger students to use tutoring services, career counseling, job placement, personal counseling and financial aid.

Postsecondary educational institutions have been somewhat neglectful of the needs of lifelong learners. Each school must reexamine its philosophy and make changes in its actions and attitudes toward adults as students. New services must be developed and old ones revised to match the needs and the goals of older students. Because of their educational philosophies and accessibility, community and junior colleges are perhaps the best suited among postsecondary educational institutions to provide for these needs and goals.

But community and junior colleges are not altogether prepared either. Though many have attempted to provide necessary services, many others have not provided the accessibility to quality programs which adults as consumers expect. Several studies of the needs of adult learners have recommended that special efforts be made to improve the services offered in light of these needs.

Because so little is known of the services provided especially for adult students at community colleges, this study will examine the institutional commitments made to adult learners by examining the services provided by several southeastern community colleges in the areas of admissions, counseling, financial aid, career planning and placement, and support services. The next chapter will describe the design of the study including its purposes and objectives.

#### CHAPTER III DESIGN OF THE STUDY

#### Methodology and Procedures

This research was conducted because the literature in the fields of older students and student services is nearly devoid of how community colleges are attempting to meet the non-academic needs of their older students (Cross, 1981). Furthermore, a pilot study conducted prior to the commencement of this study indicated that student personnel practitioners in Florida recognize a need to research the services offered older students attending community colleges, reinforcing the need for research in this field.

The study was designed to reveal the extent to which community colleges in 11 southern states have taken steps toward meeting the special needs of adult students in their respective districts. In addition, the research was designed to evaluate the effectiveness for adult students of the programs being offered, and the importance placed on these services by each institution.

Based on the research reported in the literature and on a preliminary survey of student personnel practitioners, the services in question included admissions, counseling, career planning and placement, financial aid, and support services.

To accomplish these objectives, a questionnaire was constructed using as a guide two instruments from two other similar studies

(Fauquet, 1977; Levitz & Noel, 1980) which were found in a review of the literature written between 1970 and 1981. The questionnaire was distributed to several community college student personnel practitioners for validation. Any needed revisions were made, and the questionnaire was mailed to the chief student affairs officers in randomly selected community colleges in 11 southern states. A follow-up mailing was made to all non-respondents three weeks later in order to obtain the greatest possible return.

Upon return of the questionnaire, respondents or their designees were interviewed by telephone to gain further knowledge of specific programs. The results were tabulated, analyzed and described and recommendations have been made on the basis of the findings. The research is a descriptive study based on an analysis of the results of the questionnaire and of the program descriptions gained through the telephone interview.

# Population of the Study

The population of this study included the chief student personnel administrators, or their designees, in randomly selected community colleges in the Southeast. As a matter of limitation, each of the colleges surveyed was a public one accredited by the Southern Association of Colleges and Secondary Schools as identified by the 1980 Community, Junior, and Technical College Directory of the American Association of Community and Junior Colleges (AACJC, 1980). To assure that all surveyed institutions were community or junior colleges and not simply technical colleges, institutional names had to include the words "community" or "junior." Ten percent of the schools listed as

"community colleges" or "junior colleges" in each state were selected as members of the population for this study. Randomness was achieved through use of a table of random numbers. Included among the 18 colleges were 2 colleges from Alabama, 3 from Florida, 2 from Georgia, 1 from Kentucky, 2 from Mississippi, 2 from North Carolina, 1 in Tennessee, 3 in Texas and 2 in Virginia. Because Louisiana had only two colleges listed as "community" or "junior," a 10 percent sampling was impractical. South Carolina was not included because none of its two-year institutions are named "community" or "junior" colleges.

The names of the chief student affairs officers were identified from lists of faculty and staff located in the catalogs from each college (Career Guidance Foundation, 1979-80).

#### Description of the Instrument

The questionnaire used to collect part of the data for this study was designed to provide some enrollment data and definitions of "adult students." Also, it provided information on whether or not any of the five areas of student services, i.e., admissions, counseling, financial aid, career planning and placement, and support services, were available especially for older students, how effective they were perceived to be, and how each compares with the other in terms of the emphasis they receive at each institution. The items used in two questionnaires, one developed in 1980 by Randi S. Levitz and Lee Noel of the American College Testing Program (Levitz & Noel, 1980), and the other developed in 1977 by Tom Fauquet (Fauquet, 1977), were used as guides in the development of this instrument. Items from these two studies not pertinent to this study were eliminated, and additional

items were modified for the purpose of eliciting information concerning the student services provided especially for the adult, non-traditional student.

The interview questions were designed to extract further information about the services offered as well as to learn of the problems encountered and the benefits realized both by the institution and the students served. The items for the interview were extrapolated from the same two studies as was the questionnaire.

Prior to distribution, validation of the need for the survey and of the questionnaire and interview questions to be used to gather the data was accomplished by soliciting the opinion of several professionals in the student services field regarding the breadth of the survey, the content of information sought, the clarity of the items, and the ease of administration and readability of the instruments. Further modification and revision was made to the instruments after the comments from these professionals were received.

The instrument included a list of the five services being studied with examples of possible services in each category for clarification. Each category had a space to be checked "yes" or "no" indicating whether or not the service was offered for adult students. A Likert-type scale, from one (high) to five (low), was used for rating the effectiveness of each service by circling the appropriate number. A third section gave respondents an opportunity to rank the five service categories in their order of the emphasis received at their respective institutions. An opportunity was also provided for respondents to include services used in their schools which they felt to be especially effective for adult students.

Copies of each item mailed and a list of interview questions are included in the Appendix.

#### Data Collection

The questionnaire in its final form was mailed on November 11, 1981, to the chief student personnel officers in 18 public community and junior colleges throughout the South. Accompanying each survey was a cover letter explaining the study and giving directions for the completion of the questionnaire and its return within two weeks; a telephone interview appointment card giving the respondent an opportunity to provide both a preferred and an alternate day and time for submitting to an interview; a letter of endorsement from the Institute of Higher Education at the University of Florida asking for the cooperation of those being surveyed; and a stamped, self-addressed envelope for respondents' convenience.

A follow-up letter was mailed on December 6, 1981, to those who had not responded to the first mailing. This also included the questionnaire, the telephone interview appointment card, and the self-addressed, stamped envelope.

Finally, on the days and at the times previously arranged, each respondent was interviewed by telephone and tape recorded. Each person was asked the same major questions concerning their institution's services for older students, how they decided to offer them, obstacles which had to be overcome, how services were publicized, their contribution to increased enrollment and retention of older students, and the institutional attitudes toward the older students. During each

response, however, questions were asked for purposes of clarification and, in some instances, to encourage more detailed responses.

#### Treatment of the Data

The data obtained from the returned questionnaires were evaluated in terms of descriptive statistics yielding simple frequencies, percentage distributions, weighted means, simple rank-ordering, and range.

Descriptions of specific programs, or aspects thereof, in each category were analyzed on the basis of the data provided. Information regarding the services--funding, personnel, support, utility, and effectiveness--provided by the surveyed community and junior colleges for their older students was summarized.

#### Summary

The purpose of this study was to determine the extent to which selected community colleges are providing services for older students in the area of admissions, counseling, career planning and placement, financial aid, and support services. The research was designed to reveal the steps being taken for adult students toward meeting their special needs in these fields, the effectiveness for adults of the services offered, and the importance placed on these services by each institution. A questionnaire was developed to yield information concerning the availability of services, their use and their effectiveness. The study included an initial mailing, a follow-up mailing and telephone interview for collecting the data. Chapter IV will present an analysis of the data collected.

# CHAPTER IV RESULTS AND ANALYSIS OF QUESTIONNAIRE AND INTERVIEW RESPONSES

This chapter is divided into five sections. The first section includes a discussion of the data collection process. The second section presents the responses to the questionnaire items and a discussion of the analysis of the responses. The third section of the chapter provides a discussion of the interview responses and an analysis of how the services offered adults are meeting the needs of adults as identified in the literature. The fourth section will evaluate the data in terms of answering the research questions and the final section will provide a summary of the chapter.

# Data Collection Process

# The Questionnaire

After consultation with community college student personnel practitioners and after making the recommended revisions, a final questionnaire was developed (see Appendix A). The questionnaire was designed to acquire information concerning (a) whether or not a service in each category was offered older students, (b) how effective the services were in meeting the needs of older students, and (c) how important each institution feels each service to be for its older students. For item (b), a Likert-type scale from one (high) to five (low) was used, and for (c), a rank order of the five services was

used. In addition, enrollment by head count and by male and female, full-time and part-time adult students was also requested.

#### The Interview

Following essentially the same procedure for developing the questionnaire, the interview questions were designed (a) to elicit clarifying information concerning responses to the questionnaire, and (b) to gain knowledge of specific services offered adult students, including administrative details, effectiveness and institutional attitudes (see Appendix B). The interviews were conducted by telephone after the questionnaires were returned to provide a reference for both interviewer and interviewee. The day and time for each interview were prearranged using a telephone interview appointment card which was returned with the questionnaire.

#### The Respondents

Eighteen public community colleges in Alabama, Florida, Georgia, Kentucky, Mississippi, North Carolina, Tennessee, Texas, and Virginia were chosen at random and the chief student personnel officer at each institution was identified to be surveyed. Colleges were limited to those named as a community or junior college which were accredited by the Southern Association of Colleges and Secondary Schools. Administrators were determined from the respective college catalogs. Because of the function of the position of the respondents, i.e., vice presidents, deans, or directors of student services, it was felt that these were the most likely people on each campus to have sufficient knowledge of the five student services areas of admissions, counseling, financial aid, career planning and placement, and support services.

In only two cases did the chief student affairs officer designate someone else (in each case a counselor) to respond.

### <u>Collection of the Data</u>

A questionnaire regarding student services for adult students was mailed to each student affairs administrator with a cover letter and a letter of endorsement for the study (see Appendix C). Also included was a telephone interview appointment card for arranging the day and time of interview (see Appendix D). For purposes of managing the interview process, administrators were asked to identify themselves and their institutions, yet anonymity was guaranteed to ensure the confidentiality of the respondents. A follow-up mailing was made after the deadline to encourage return of the questionnaire. All but six responded necessitating a telephone call to obtain both questionnaire and interview responses simultaneously. Eventually, data were collected from all 18 institutions. The data, therefore, represent a 100 percent response rate.

The interviews were tape recorded and transcribed to facilitate analysis of the responses. The length of the interviews ranged from 11 to 35 minutes with an average of 18.5 minutes.

# Treatment of the Data

As was mentioned earlier, chief student affairs administrators responded to both a questionnaire and an interview. An analysis of the questionnaire revealed whether or not services for adults were offered, how effective the services were (as perceived by the respondents), and how the services ranked in importance in terms of the emphasis placed on each service by the institutions. Enrollment data

were gathered to find the ratio of adult students enrolled to the total number of students enrolled.

Responses to the interview items were analyzed and are described to indicate support for and clarification of the questionnaire items, and for identification of specific services offered for adult students, in admissions, counseling, career planning and placement, financial aid and support services. The responses were also analyzed in relation to how they are meeting the needs of adult students as identified in the review of the literature.

# Questionnaire Results, Analysis, and Discussion Enrollment Data

Enrollment by credit head count of the institutions surveyed ranged from 652 to 8,505 with a mean size of 3,400 and a median size of 2,220. Two thirds of the institutions enrolled less than 5,000 students in credit classes.

Of the 18 responding institutions, only nine were able to report the division of their adult enrollment into full-time males and part-time males, full-time females and part-time females. Of these nine, five had more part-time adult students than full-time adult students; seven had more part-time female students than full-time female students; and seven had more full-time male students than part-time male students. For the nine colleges collectively, there were on the average more part-time students than full-time students. There were as many males as females attending full time, but there were more women than men attending part time. These data are presented in Table 1. The administrators at the other nine institutions could not

Table 1

Enrollment Data by Head Count of Full-time and Part-time, Male and Female Students in 18 Southeastern Community Colleges

은	tal	FTa		FTMp		FTFC	J	рLd		ьтме	a	PTFf	4	Total A	Adult
Head Count		z	%	Z	%	z	%	z	%	z	%	z	%	z	%
8,505		3,210	38	1,485	46	1,725	54	5,295	62	2,236	42	3,059	28	8,505	100
6,537		2,905	44	1,705	59	1,197	41	3,635	99	2,529	70	1,106	30	6,537	100
6,493		2,174	33	931	43	1,243	22	4,319	29	2,020	40	2,299	09	6,493	100
2,225		867	39	450	55	427	48	1,358	19	568	42	790	28	2,225	100
2,216		2,040	95	296	47	1,073	53	176	œ	51	29	125	7.1	2,216	100
2,005		86	2	38	39	09	19	803	95	270	34	533	99	901	45
528		1,000	. 69	400	47	009	53	523	35	275	55	253	48	1,528	100
1,173		7 58	89	354	47	404	53	415	35	167	40	248	09	1,173	100
1,082		219	22	216	35	401	65	465	43	146	31	319	69	1,032	100
31,764	_	13,666 43	43	6,546	48	7,120	52	16,994	54	8,262	49	8,732	51	30,660	97
							i i								

aFull time.

bFull-time male.

CFull-time female.

dPart time.

Part-time male.

fpart-time female.

 $^{9}$ This was the only institution defining adult as over  $^{24}$  and giving an enrollment differentiation.

provide the information concerning the age, sex, or enrollment status of their students.

A generalization which could be open for speculation concerns item number six in Table 1. This institution defines adult as anyone 24 and over, and was the only one of the nine institutions tabulated which does not use "18 and above" as its definition for adult student. This item reveals a much smaller percentage of full-time adult students than do the others. Though this is but one institution, it is possible that the other colleges might show similar numbers in their "over 24" enrollment categories. If this were the case, the implications for student services would be to address more fully the services offered their older adult students.

One half of the 18 colleges considered all of their students over 18 years of age as adults. This corresponds with findings in the literature (Levitz & Noel, 1980) which indicate that community and junior colleges are inclined to define adults as anyone 18 years of age or older. Four of the remaining nine institutions use a minimum age for determining an adult status some age above 18. One of them defines adult students as those over 21 years of age, another defines them as those over 24, and two designate all students over 25 to be adults.

The remaining five institutions claim either not to have an official age limit or to have no definition. One definition which was offered was that an adult is "an individual who is fully developed and mature, who possesses certain characteristics of adulthood." Because the vagueness of these responses tends to leave the lower age limit to interpretation, and because the legal age of majority is generally 18,

these were treated in the analysis as having age 18 as the lower age limit of the definition.

Remembering that for the purposes of this research an adult student is defined as one who has reached the age of 24, the fact that 78 percent of the surveyed institutions use age 18 as a definition might indicate that services for the non-traditional students might not be any different on the average than the services available to anyone else. This was not necessarily the case, however, as all institutions did make at least some provision for their older students. This point will be discussed in more detail in the discussion of the interview responses.

# Data on Service Availability

The data on the availability of services for adults are given in Table 2. Respondents were asked to indicate whether or not they had designed any new services or modified any old services in the areas of admissions, counseling, financial aid, career planning and placement, and student support services for their adult students. Table 2 discloses the fact that in all of these student services areas, the majority of the colleges surveyed provide at least minimum services for adults. If this can be considered a representative sample, this finding indicates an improvement over what has been previously reported in the literature. Although Fauquet (1977) found only one half of the colleges surveyed in Florida had provided for admissions accessibility, 88.9 percent (16) of the institutions surveyed in this study indicated having done so.

Table 2

Percentage of Services Offered Adults in 18 Southeastern Community Colleges

Service	Υ	es		No
Service	No.	%	No.	%
Admissions	16	88.9	2	11.1
Counseling	16	88.9	2	11.1
Career Planning and Placement	17	77.8	4	22.2
Financial Aid	13	72.2	5	27.8
Support Services	10	55.6	8	44.4

Cross (1978) stated that only 10 percent of those institutions which serve adults provide counseling services directed toward their special needs. The responses to the counseling item on this questionnaire indicated that almost nine times as many community and junior colleges are now doing so.

Goodman and Beard (1976) concluded that more career planning and placement were needed. Improvement has been made in this area also, as 14 of the 18 schools in this study claim the existence at their institutions of these services.

Financial aid for older students has been shown in the literature to have been one service area provided at most institutions (Goodman & Beard, 1976; Levitz & Noel, 1980). This study reinforces this fact, showing almost three fourths of the institutions polled providing this service for adults. However, caution must be exercised in this analysis because of the existence of federal financial aid programs which are available to all need-qualified students attempting at least a half-time course load.

Though it still reveals fewer support services being provided than services in the other service fields, even this area is provided by more schools than is not. This study reveals that 55.6 percent (10) of the responding institutions offered some kind of student support service for adult students. This supports the Levitz and Noel (1980) study which found that the least amount of effort was made in this area. However, with the research which has been conducted showing the deficit of programs in this area, this finding is paradoxical since one would think more colleges would be providing support services for their adult students, especially in light of the "adult" definition by a majority of the colleges in this survey.

#### Service Effectiveness

For each service offered, respondents were asked to rate the effectiveness, as they perceived it, of the services provided. Using a Likert-type scale, each service was to be rated from a high of one to a low of five. The results were analyzed by assigning weights to each response, then finding a weighted mean to indicate the relative effectiveness of the services for all schools reporting. A response of "l" was assigned a weight of five; a response of "2" was assigned a weight of four; a "3" was assigned three; a "4" received a two; and "5" was weighted one. Therefore, on this five point scale, the higher the weight, the greater the perceived effectiveness. Not every college rated the effectiveness of every service category. Usually, if a service was not offered, it was not rated. The data for the effectiveness of services are presented in Table 3.

Table 3

Weighted Mean and Rank Order of the Effectiveness of the Service Categories as Perceived by Student Personnel Administrators in 18 Southeastern Community Colleges

				Ranking	by F	Ranking by Respondents	nts							
Category		_		2		3	7		5		Total	[a]	Weighted	Rank
	z	%	z	%	z	%	z	%	z	%	z	%	5	5
Admissions	9	37.5 9	6	56.2	-	6.3 0	0	0 0 0 18 100	0	0	18	100	4.31	2
Counseling	8	50.0	7	43.7	_	6.3	0	0	0	0	16	100	4.44	_
Financial Aid	7	53.8	2	15.4	က	23.1	_	7.7	0	0	13	100	4.15	4
Career Planning	7	50.0	33	21.4	4	28.6	0	0	0	0	14	100	4.21	က
Support Services	က	30.0	2	50.0	2	20.0 0	0	0	0	0	0 0 10 100	100	4.10	2
allotable ways accinned to pachances as follows: pachance I wainht 5: pachance 2 wainht 1: pachance 3	,ano i	4 + 2 2 2 2	00000	of sc so	11011	, door	[ 6200	pion	+ 5	1	93000	For C	inh+ 1. wash	2 0000

dweights were assigned to responses as follows: response I, weight 5; response 2, weight 4; response 3, weight 3; response 4, weight 2; response 5, weight 1.

By comparing the weighted means of each of the service categories, it can be seen that the chief student personnel officers at each institution generally perceive the services they offer older students to be effective in doing so. The lowest mean for any service area was for the support services area, which had a weighted mean of 4.10. An average mean would have been a 2.50 on this particular scale. The perceived effectiveness for adults of all service areas varies by only .34 among the institutions offering such services. To rank order the service areas by weighted mean would reveal counseling to be most effective for adult students. The next most effective would be admissions, followed by career planning and placement, financial aid and support services as the third, fourth, and fifth ranked services respectively. Only .11 separated the last three categories.

# <u>Institutional Emphasis on Services for Adults</u>

If someone were to study the relationship of administrative emphasis for a program and the success of that program, it is likely that one would find that the amount of time, money, personnel, or effort an institution devotes to a particular program—or even a philosophy behind a program—will often determine the success or failure of that program, and sometimes whether or not the program will even exist. When emphasis is strong, programs will be strong. When it is weak, the programs will be weak. The responses to the questionnaire item asking respondents to rank their services in terms of the emphasis placed on each by their respective institutions give an indication of how successful a program in one of these service areas

might be. This is somewhat true in this study when the rank order of the five service areas with regard to the emphasis each receives is compared with the rank order of each area's effectiveness for adult students. For example, counseling services are ranked first in both emphasis received and in effectiveness, and support services are ranked last on both accounts. The other three services areas, however, received a difference between the ranking of their effectiveness and the ranking of the emphasis each had received. Financial aid ranked second in emphasis and fourth in effectiveness. Admissions ranked third in emphasis and second in effectiveness. Finally, career planning and placement ranked fourth in emphasis and third in effectiveness. The differences here could result in the dedication and enthusiasm of the student services staff, or lack thereof, toward the programs in these areas.

Table 4 indicates that counseling services receive the most emphasis, while financial aid receives the next most emphasis, admissions the third most, career planning and placement the fourth, and support services the least. It also reveals that, when weights are assigned each ranking (five for one, four for two, three for three, two for four, and one for five), not much difference in emphasis exists between counseling (number 1) and financial aid (number 2) or between financial aid (number 2) and admissions (number 3).

In a study by Goodman and Beard (1976), vocational counseling (career planning) was found to rank second in emphasis among 140 southeastern community colleges, whereas in this study career planning ranked fourth. Academic counseling and personal adjustment (both

Ranking and Assigned Weights of Student Service Categories in 18 Southeastern Community Colleges Table 4

					Rank	Ranking						
Category			2		(1)	3	4	_	5		Total	Rank
	z	N Wta	z	N Wt	z	N Wt	z	N Wt	N Wt	Wt		
Admissions	5	25	4	16	4	12	3	9	2	2	61	m
Counseling	7	35	4	16	4	12	2	4	0	0	29	-
Financial Aid	က	15	∞	32	က	6	က	9	~	_	63	2
Career Planning	2	10	_	4	က	6	9	12	9	9	41	4
Support Services	-	ശ	_	4	4	12	4	œ	6	6	38	ıΩ
						-						

<sup>a</sup>Weights were assigned as follows: rank 1, weight 5; rank 2, weight 4; rank 3, weight 3; rank 4, weight 2; rank 5, weight 1.

counseling matters) ranked first and third respectively in the Goodman and Beard (1976) study, while counseling services ranked first in this study. Caution must also be used here in comparing results as differences in ranking might result from differences in sample size.

# Service Descriptions

The final item on the questionnaire offered respondents an opportunity to briefly explain all or parts of any services they felt to be especially effective for their adult students. Only six chose to give comments to this item. Most of these comments contained only labels rather than descriptions. Some of these included developmental courses in math, English and reading, supplemented with a learning lab offering help in these areas; counseling and off-campus courses (no explanations); special services for older students returning for formal education; daily student services newsletters; displaced homemaker programs; and a strong evening program providing counselors who offer assistance in all the student services areas.

As questionnaire responses, these in themselves are of little value. Their worth lies in the opening they gave to questions in the interview.

# <u>Interview Results and Discussion</u>

The interview responses provided insight into the programs offered at the various institutions around the Southeastern United States. More is being done for older students in community and junior colleges than a review of the literature would indicate. Some institutions are doing more than others, but all the institutions in this study revealed they were doing at least something for their older

clientele. In fact, the one student personnel administrator who claimed on the questionnaire not to be offering any of these services especially for adult students, realized during the interview that there were several services being provided at his institution for these students. This was often the case in identifying other programs at other schools, though generally student services were offered at the same level and with the same emphasis for all students, regardless of age.

#### Responses to Interview Questions

Are the services offered by your institution available to both day and evening students at the same level and with the same emphasis? This question was posed in this manner because more often than not the majority of evening students are older, part-time (non-traditional) students. If services are available to both groups in the same way, then it could generally be concluded that services for non-traditional students are being provided. As can be seen from an analysis of the interview responses to this question, availability varies from institution to institution, but some services are usually accessible to adults.

Two respondents answered unequivocally that services for evening students were the same as for day students. The remainder, however, answered with a qualified no. In almost all cases, lack of funding and personnel prevented the same services offered during the day from carrying over into the evening hours. Most of the institutions maintained a reduced staff in the evenings. The staff ranged from one person (counselor, registrar, financial aid staff member, or

secretary, who served more or less as an information giver and referral source) to having the counseling office, the admissions and records office and a nursing office open until late evening, providing the range of services usually offered by these offices.

The remaining institutions provided services on an appointment basis. For example, if a potential student should want to talk with an admissions officer or a counselor, the appropriate staff member would make an appointment and stay to meet with that person. The same held true for other student services offices.

One institution maintained its career planning center both day and night. This center provided all the career development services to evening as well as day students. During evening hours, it also provided admissions information, financial aid information, academic advisement, and information of a general nature which might come from any other student services office during the day. Another institution kept evening hours in admissions, counseling and child care. The admissions office provided an early registration for evening students, while counseling provided academic advisement and testing at night.

The reason given by one dean for not having the same services at night as during the day was that "since most of our evening students would be adults or people coming back to school with a pretty clear-cut idea of what they want to do and what their objectives are, I think there is a whole lot less need for perhaps counseling, and they certainly are not interested in extra class activities." This view contradicts the need adult students have for counseling and career planning identified in the literature (Cross & Zussman, 1974; Kasworm, 1980;

Rawlins, 1979). The following are examples of answers to this question in the interview.

<u>Sample responses</u>. We don't have as heavy a staff on at night as we do during the day, but we have our Career Planning Center open day and night. If a student comes in at night and wants admissions information, financial aid information, or what have you, he can get it through the Career Planning Center.

I think we probably have the same kind of problem that other institutions have, and that would be finances. We have a full-time counselor, administrator, and two secretaries in the evening, but nothing like what we have available in the daytime.

Summary. More adult students attend classes during evening hours than during the day. Some institutions are providing some services equally to both day and evening students. Most services, if offered at all, are drastically reduced at night. Therefore, many adult students at many colleges are not being served as well as they perhaps could be.

Have any new services or programs been developed, or have old services or programs been modified which speak directly to the special needs of older students? None of the 18 colleges were doing anything for adults in all five classifications which differed from what they were doing for younger students. All of them, however, were providing for their older students in at least one category.

The area of concentration offered most was in programs designed for groups of older students, particularly women. These were provided by eight colleges. Most of these programs were designed to offer returning students the opportunity to get together with others (peers) in their same situation for support purposes. The problems common to most older students, especially after they have decided to return to formal schooling, include anxiety, lack of academic self-confidence,

and poor study habits. These problems have usually been the ones addressed in these groups. These kinds of groups were found to exist in many of the institutions surveyed in the Fauquet (1977) study.

One such group was called the "Second Wind Group" designed and promoted as a club for students aged 25 and older. Aside from providing social opportunities, it offered peer support for those who were hesitant about returning to school because of the competition with younger students in the classroom, because they are somewhat test anxious, because they lack confidence in their ability to make good grades, and because they are feeling some guilt about spending more time with their studies than with their housework or families.

The same institution had a program for "displaced homemakers."

This group provided for some of the needs (counseling, tutorial, peer support) of the divorced or widowed women on campus.

Another campus provided a similar group for older women called "Women on the Way" (WOW). This group also operated as a club for women who, because their children were in school, decided to return to school themselves. It also served women who had divorced or otherwise lost their husbands and were returning to learn to make a living. The group received no formal financial support from the college, but was supported with contributions and fund raising activities.

The second most offered programs were in the area of career planning and placement. Many older students are interested in career counseling for help in defining career goals and opportunities (Cross, 1978). One institution, through financial assistance from the Comprehensive Education and Training Act (CETA), developed a Career Development Center. The program was designed primarily to assist the

disadvantaged members of the community and displaced homemakers in identifying interests, abilities, career options and vocational and educational goals. In addition, as part of the self-assessment portion of the program, participants had the opportunity to clarify their values and to explore themselves in terms of their wants, needs, ideas, beliefs and feelings. The center is staffed with two professional counselors and a secretary, and is so popular, appointments must be made two weeks in advance. Although it was planned for adults on campus and in the community, all students have become aware of this program, and it now serves students of all ages.

Another college has a similar program which basically attracts adults from the community. The Career Center facilitates the admissions and financial aid application process, provides career counseling, and opportunities for job placement. These people are placed into a group called a "Second-Time-Around Group." The group receives peer support from students who have been on campus at least a year. The process aids in career and educational goal identification and helps students plan their academic programs to meet those goals. The idea is to mainstream as many of these students as possible in the least amount of time.

A third service emphasized by several colleges was in financial aid. Because attending college represents a potential loss of income for many older people (Cross, 1974; Rawlins, 1979), they hesitate in making the decision to enroll. Two states—Florida and Tennessee—have laws which provide tuition waivers for senior citizens (citizens over age 62). These are available on a space—available basis only after the regular registration period is over, and paying students

have had the first opportunity for the courses. These laws have provided an incentive for those on a fixed income to participate in a formal learning experience.

Two other schools have designed special scholarship programs for older students. Most of these programs are supported by special interest groups and service organizations in the surrounding communities. One college has provided a "Second Career Scholarship" which pays tuition for students who have been out of high school for five years or more. Its purpose is to provide incentive for students to return to formal education.

All of the institutions offer the full range of federal aid programs. Students, of course, must meet the appropriate requirements.

Other new or modified services designed for adults at various community colleges included developmental or guided studies programs. These programs essentially consist of orientation courses which support older newcomers through the transition back to the status of student. Still other guided studies programs have provided remediation for students whose academic qualifications require it, and emotional support for those whose self-esteem and confidence require it. These have been cooperative endeavors between the academic divisions and student services staff, primarily counselors.

Several colleges have made a concerted effort toward recruiting older students. One admissions office sends peer recruiters--older adults already enrolled--to visit various clubs, organizations, churches, businesses and any other place older people congregate, and to give information about the college, its courses, its facilities, and its services. Another admissions office works very closely with

the academic divisions in providing courses and programs for the numerous industries in its district, and in gaining support from employers for these courses and programs. Still another college offered registration by telephone.

The following are examples of answers to this question in the interview.

<u>Sample responses</u>. For us, placement is relatively new. We added a vocational/technical component to our campus about five years ago, and we've been gradually working on placement. This falls under our career program. Our services are for all students. We've geared up our program knowing we have a large percent, but we haven't specifically designed a program for them.

We've been doing a lot with taking classes off campus to locations more accessible to our older students. We're in an area with a high retirement population and many of these folks live in fancy mobile home parks. What we do is take courses to these parks as often as possible. The courses don't fall under student services, but we take the admissions process to them. We don't offer anything special in orientation or counseling for adults.

<u>Summary</u>. Thirteen of the colleges have created some innovative programs to serve their older student population. Each of these programs can be categorized into one of the five concerns of this research—admissions, counseling, financial aid, career planning and placement, and student support services.

Which service for adults receives the greatest emphasis in terms of budget, personnel, and facilities? More and more adults are returning to formal educational institutions. In order to serve these students adequately, colleges must be committed to organizing, developing and supporting programs to ensure that adults are appropriately served (FIPSE, 1980). The majority of the colleges in this study have recognized this need and have put at least some of the

services at a higher priority so that the adult learner might be better served. Slightly over one-fourth of these colleges have not placed their emphasis on any one service area, but have "spread the wealth," as one administrator put it, in order to maintain all services at least at their present level. One dean claimed, "Everything gets the same amount of emphasis." Another said, "We try to provide a balance of services and try to put as much emphasis on one as we do the others. I can't say that any of our service in student services is particularly paramount over another."

Nearly three-fifths of the colleges surveyed did place emphasis on either admissions, financial aid, or counseling. The rationale for emphasizing the admissions programs was generally budgetary--adequate personnel were required to satisfactorily recruit a sufficient number of new students of all ages. In several instances, the admissions operation had the largest staff. Radio and television advertising, and travel for recruiting had consumed large parts of the resources available for student services at one college.

The financial aid programs at these schools received the most emphasis because, according to the respondents, the amount of money which flows through these federal programs requires a substantial amount of time, energy, and personnel. However, one institution placed least emphasis on financial aid because of the large amounts of federal money in the program, and because many of these students "have part-time jobs and such, and just don't qualify."

In order that student services might expand their efforts to provide for special groups, to purchase equipment and material, and to extend hours without enlarging the staff, counseling and career planning have been receiving the greatest emphasis at three colleges.

One dean was not happy with the emphasis his institution placed on student services. He stated, "We're going through the budget cut procedures as most schools are . . . and my opinion is we're not getting our fair share. . . . services always go first. . . . I think services should get more to retain the people as opposed to recruiting them."

The following are examples of answers to this question in the interview.

Sample responses. Admissions operations is the largest thing-the staff is the largest we've got. Career planning and counseling are the second largest. They are two little bags in a big bag, for federal accounting purposes.

In relation to the adult student, the counseling end of it by a long shot.

I know the students get alot of counseling around here--alot of counseling! I would say counseling gets more attention.

I guess the one which receives the most use would be career planning simply because of the fact it is more highly publicized and has been pushed by the CETA Manpower folks and an awful lot of their clients are using it. Since it has become part of the campus, it has gained a good deal of visibility and many of our current students, young and old, are using it . . . as far as other services are concerned, I would have to say admission receives the next greatest amount of effort and energies.

Summary. There is little commonality among the 18 community colleges about the student services which receive the greatest emphasis. Although some have divided talents, money, and enthusiasm equally, most have done so among counseling and career planning, admissions, and financial aid.

How did your institution decide to provide these services for adults? For the most part, there was a need perceived by the student services staff to provide services for older students. It was felt by one institution that something needed to be done for the older students, especially women, because so many were returning to school. With so many students on campus only in the evening, extending services into the evening hours seemed to three other colleges to be a necessity, in order to meet students' needs.

With the decline in full-time enrollment by traditional students, several colleges began looking at programs for the older, non-traditional students. "When we looked at enrollment problems and FTE decline or stabilization, and hoping to raise it a little bit, we looked at providing more services to the community and trying to get more of the non-traditional students in." This reason was expressed by three of the respondents.

Only two schools developed their services in response to student need surveys. Each of these surveyed current adult students and community members to determine what they wanted and expected from the college. One indicated that staff traveled to other schools to observe their programs.

One of the institutions developed services through the pressure of community civic groups. In one community, for example, the local Junior League became interested in the growing number of displaced homemakers in the district and began inquiring of college officials concerning the services—both academic and non-academic—which could be made available for them. With this interest and interest from

displaced homemakers who were already enrolled, a special program was developed with funding from the Junior League and state agencies.

The following are examples of answers to this question in the interview.

Sample responses. Well, we just felt a need to do something for the older student, and a number of people felt that we needed to move in the direction of special services for women. I felt that we should not single women . . . that men had problems too. So, let's develop a center that works for both.

Probably the most critical thing was sheer numbers. The evening program had roughly a third of our enrollment, and many of those people had no contact at all with the college in the daytime.

We have students who are not of the traditional age we would have thought of 20 years ago. Students are older--our average student is 28-29 years of age. With dwindling enrollments, we tend to put emphasis in the so-called adult students. Naturally we have to consider them. As the war babies sort of wind down, there goes the traditional student.

Summary. Services for adults have been developed and offered for adults founded more on a perceived or observed need than on need identified through formal survey. Institutions have been made aware of a need for services from local interest groups as well as their own reaction to declining enrollment. The latter is an example of designing services to meet the institutional needs of increased revenue through increased FTE (full time equivalent) students rather than students' needs for appropriate services.

How have older students been made aware of your services and how many have been served? The mere existence of a program does not guarantee it will be well attended. Most must be well-publicized. Fauquet (1977) found that publicity on the availability of services was rarely directed toward adults. The programs offered through the 18 community colleges included in this study were publicized through

a variety of means. On campus methods included posters, weekly bulletins, flyers, college catalogs, school newspapers and class schedules. Many thought that verbal confirmation by satisfied users of the services was one of the most effective means of publicity. In one case, faculty and student services staff had developed a respectful relationship resulting in faculty support for student services activities which helped to promote the service through faculty referrals.

Another student services staff displayed pictures of each of its members identifying the services, responsibilities, and names of each one. It was felt that this helped students recognize staff members and their affiliated programs and provided an "icebreaker" for potential clients.

Off-campus publicity included both paid advertisements and public service broadcasts on radio and television. Also included were brochures and catalogs left in public places, brochures and announcements in bank statements, newsletters, and direct mailings to alumni, friends of the college, members of boards of trustees and anyone else who might be included on a mailing list, including current students.

Fifteen of the 18 institutions in this study could not identify the number of students served. Comments included "a lot in job placement," "business every night," "a large contingency of older students." One institution was able to identify a number of 15 to 20 persons per term in their women's program, whereas another women's program claimed 2,500 participants the first year, and a third expanded from 400 to 1,400 unduplicated head count.

As might be expected, all of the administrators claimed their programs to have been successful and effective in meeting the needs of their older student population. This reinforces the responses to the questionnaire item on effectiveness. The method for measuring the effectiveness was usually non-scientific, however. The general feeling was that if it seemed effective, it probably was. "If you don't lose them, you must be doing something right," was one response.

The following are examples of answers to this question in the interview.

<u>Sample responses</u>. We publicize in numerous ways. We have flyers. Our schedules that go out indicate the hours that the counseling center, etcetera, is open. We have notices on every door of the student services area that tell the hours and days . . . it helps, I think.

We've served a goodly number of students, though I can't put my finger on the number. But, it's growing. The more people find out about the fact we're here, the more our services will be used. Now, we publicize with posters, ads in the papers, and all kinds of things to let students know we are available, and that we have these services going.

We've publicized this through every way possible--media on and off campus, posters. In every program area we have notices that tutorial services are available.

<u>Summary</u>. Publicity occurred in many forms from the simplest poster to elaborate television advertising. Though few were able to provide information on the numbers served in each area, some kept records for accountability. Most programs were considered effective, but the method for measuring the effectiveness usually was not.

Have you any indication whether or not these services have contributed to the increased enrollment and/or retention of adult students? One study found that approximately 26 million adults did

not participate for reasons which could have been remedied through adequate counseling (Heffernan, Macy, & Vickers, 1976). Another estimated that 40 million adults would return to classroom study if institutions were more responsive to their personal and educational needs (Levitz & Noel, 1980).

Because there are many variables which can contribute to increased enrollment and retention, this question was a difficult one for the interviewees to answer. However, most answered positively—the services and programs offered did improve retention and enrollment among those who used them. One guided studies program averaged 60 to 70 completers per year, most of whom moved directly into the regular curriculum. One dean stated, "We do have the feeling from feedback we get from people that it (full-time evening counselor) has been worthwhile."

Another indicated, "We haven't made any studies to show it.

Certainly we have students who have enrolled who have stated they would not have done so without the publicity or other students' comments. By that kind of informal review, we can say it has helped enrollment."

Some negative comments included, "We are running what I feel is a high dropout rate, about 21 to 22 percent per quarter. So, I'm not sure what we're doing is correct." "Even now that we have a full time evening counselor, I don't think we'll see much significant change."
"In a very limited way, if at all."

The following are examples of answers to this question in the interview.

Sample responses. I think definitely! As far as being able to show you statistical information to back that up, we are probably not that far along yet. But, I don't think there is any question about it, that we see the individual case where that is indeed making a difference.

I don't think we'll see much significant change. Maybe we'll just be doing a little better job of what we're doing. Most of your adults are going to come, you know, and they pretty well are going to tough it out on their own, whether they have any help or not.

<u>Summary</u>. None of the interviewees had any survey data supporting increased enrollment or retention of older students resulting from use of the student services provided. The feeling generally was that there had been increased enrollment and retention.

How do you perceive the attitudes of the institution as a whole toward older students? In a report on four programs for adult higher education the Fund for the Improvement of Postsecondary Education (FIPSE, 1980) stated that a strong institutional commitment and a positive attitude by faculty, administrators, and staff toward adult students are necessary for program success and perhaps institutional survival.

The attitudes of the faculty, administration, and staff toward older students at all 18 institutions in this study were reported as positive but not without problems. One college reported the difficulty some new, young faculty had with feeling comfortable teaching older students. Another reported an elitist attitude among some faculty wherein they felt they should not waste their time on students who lack the ability to do college work. It was emphasized that this attitude was not directed solely to older students. Yet because of some of the problems which manifest themselves among adults who have

been away from formal education for, in some cases, many years, attitudes toward adults by some faculty were negative.

Three other student affairs administrators perceived the attitude toward older students to be no different than the attitude toward the younger ones, i.e., students are students. This perspective could be problematic for adult student programs because, if adults are perceived as not being unlike younger ones, it would be difficult to gain support for providing different services. This apparently was not the case in these three institutions, as each reported numerous services for older students. One reported, "We're all just students; probably a tremendous melting pot as far as age is concerned. I just don't see any negative aspects to the more mature student . . . they all seem to be working toward the same thing. I think this is for better education."

Because of the investment adults make, i.e., time, money, reduced income, and possible familial stresses, they tend to take their schooling a little more seriously. As a result, faculty sometimes prefer having adults in class rather than younger ones (or at least a mix). One dean stated, "I'm of the opinion it [adult presence] adds a great deal of maturity in a hurry to the attitudes of younger kids."

Finally, another dean declared, "We realize and acknowledge their presence and we know we need to be much more conscious of their needs. We are devoting time and energy and spirit to becoming more aware, as well as putting into effect services and programs for the students 25 and over."

The following are examples of answers to this question in the interview.

<u>Sample responses</u>. The attitude is a very positive one. What we do concerning programs and services is try to create adult programs which address the needs of the population.

I think an overwhelming positive, for this reason. The adult students who are coming to us are here for a purpose and they really get after a grade to the point that if a teacher is sick and can't come to class, and you have a student that has driven 15 miles to class, they're mad. They do exceptionally well on their grade point average, and we found that by doing research on the second careers scholarship program.

<u>Summary</u>. Older students have become a part of the community college environment. As such, they are accepted and welcomed by all facets of the institutions which serve them, with the exception of those who view them as threats or as incompetent students.

# Application of the Data to the Research Questions Research Question 1

Which of the five services being investigated are provided for adult students in a way which is different from their more traditional applications? Generally, services were found to be offered adult students in all five student services categories, though none of the surveyed institutions offered services in all five at any one time. A category by category analysis of the data revealed that 88.9 percent (16) of the colleges offered services for adults in the admissions area and the counseling area. Career planning services were available in 77.8 percent (14) of the colleges. Financial aid services and support services were available in 72.2 percent (13) and 55.6 percent (10) of the institutions respectively.

According to the information gathered through the interviews, special services in admissions have included recruitment programs aimed at employees—and their spouses—of local industries, simplified

application procedures, and registration services taken to senior citizen centers for their convenience.

Counseling services which were offered older students usually were done as part of the services to which students had access through the various women's groups, e.g., Women on the Way; older student groups, e.g., Second Wind Group; and career development groups, e.g., Second Time Around Group.

Though not specifically designed for older students, to make counseling services more accessible to adults, hours of operation for counseling services were often extended to the evening hours.

Federal financial aid programs are available to all students who are at least half-time students (usually taking six credits per term). Because many adults take only one course per term, this source of aid is not available to them. Some of the financial aid services from several of the schools in this study have made available scholarships for returning older students, often given as incentives to continue their education. Senior citizens in two states have been granted tuition waivers through state legislative action. These have been helpful for those on fixed income.

Career planning and placement services have included special groups and services emphasizing meeting the needs of older students for establishing or clarifying career goals.

The support services, in addition to the clubs and groups mentioned in the discussion of the counseling services, have provided day care facilities and tutorial services for adults, helping them to become acclimated to academic work.

#### Research Question 2

Which services receive the greatest emphasis for non-traditional students? As perceived by the chief student personnel officers at each college surveyed, counseling services receive the greatest emphasis in terms of budgetary support, number of personnel assigned, time allotted, and energy expended. This was because of the need for many adults to have an opportunity to overcome their reentry problems, i.e., lack of adequate study habits, test and school anxieties, and lack of academic self-confidence.

Ranked second were financial aid services which many older students need in order to afford their college costs. Without this aid, whether it be federal, state, local, public or private, many adults would find it difficult to attend because of their reduced level of income while enrolled.

Admissions was ranked third. This is where the emphasis is placed for recruitment. Likewise, efforts were made to facilitate the admissions process for older students by providing services off campus in locations convenient for them.

Ranking fourth and fifth were career planning and support services respectively. There were in some cases feelings among student affairs administrators that older students have identified career and educational goals, have decided how they want to attain them, and therefore have little or no need for career planning. Aside from special support groups, other support services such as child-care centers were frequently not available. These inadequacies were often due to lack of funds rather than attitude or concern for adult learners.

#### Research Question 3

Are the student services which are offered addressing the needs of adults (as identified in the literature)? Generally, the needs of adult learners were being met by the services available to them at the community and junior colleges, but none of the colleges were offering all five service areas for adults. Even through the traditional applications, with some effort and sacrifice on the students' part, their needs can be met. On the average, however, most of their needs are being met at many colleges through the provision of new and often innovative services offered specifically for that reason. At any one college, however, services were available to meet, at most, only a few of the adults' special needs.

Cross (1978) identified the needs of would-be learners for both career and educational counseling, but that these people have little information about where to receive these services. All schools in this study indicated the presence of a publicity program designed to provide the consumer--both on and off campus--with information concerning services offered, for whom they were designed, when they were available, how much they cost, what their goals and objectives were, and any other information necessary to attract students. This information was presented through various printed media, and radio and television. In addition, it was felt that satisfied customers were a positive source of publicity.

To meet their needs identified by Bulpitt (1973) for improved self-concept and confidence in their academic ability, three of the colleges started special support groups which were open-ended and on-going. These groups gave adults the opportunity to share their

feelings and thoughts with others in the same situation and to gain support from them. Also provided through these groups and through other support services (learning labs), tutorial and study skills assistance was available.

The Educational Testing Services predicted that millions of adults did not participate in formal educational programs for reasons which could have been remedied through adequate counseling (Heffernan, Macy, & Vickers, 1976). To remedy this deficiency in counseling services, all but two of the colleges in this study at least made their counseling services more accessible to their older students. This accessibility was accomplished by extending hours of operation to include evenings, and by developing the support groups already mentioned.

Cross (1980) and Malin, Bray, Dougherty, and Skinner (1980) found that, because adults often must experience a reduced level of income out of the necessity to change from full-time to part-time employment in order to attend classes, they have a need for financial assistance. Federal aid programs available at all public institutions have greatly helped ease this situation. Three of the colleges in this study have contributed to the pool of funds available by establishing special scholarship and loan programs for adult students. Senior citizens in two states can take advantage of state-mandated tuition waivers.

#### Research Question 4

As perceived by the chief student personnel officers, are the services offered effective in providing for the special needs of adult learners? Responses to the questionnaire item on service effectiveness

and statements in the interviews addressing effectiveness indicated that, on the average, services are quite effective. Applying weights to the responses to a Likert-type scale and the questionnaire, a weighted mean was determined for each category of service (on a five-point scale). The means ranged from a low of 4.10 for support services to a high of 4.44 for counseling. Thus it can be concluded that, for the services offered, there is a relatively high degree of effectiveness for meeting adult student needs.

#### Research Question 5

Do community and junior colleges differentiate between traditional and non-traditional students by definition? For purposes of statistical reporting, all but four of the 18 colleges in this survey defined adult as anyone over 18 years of age. This would imply a failure to recognize the differences between the needs and requirements of younger (traditional) students and older (non-traditional) students. Conversations with student affairs administrators indicated that, in actuality, this was not the case. Each institution's student services division had recognized the difference and had, in one respect or another, designed programs to accommodate those differences. These programs included special interest groups, scholarships for adults, special recruiting and admissions programs, extended hours, and guided studies programs.

#### Research Question 6

Have the services offered adult students contributed to the increased enrollment or retention of adult students? Though none of the colleges could provide any survey data on the question of

enrollment and retention, nearly every one perceived that its enrollment and retention of older students had improved with the availability of these services. Developmental studies programs had acclimated students to college and academic life. Women's and older student support groups had helped smooth the rough edges of again becoming a student. Career development centers had provided the assistance needed to identify career and educational goals, and to learn employability skills. Financial aid services had helped make it financially possible for many to attend college. Admissions offices made it easier for students to apply and enroll in the programs of their choice. Counseling had become more readily accessible, and was available as part of the process for each of the other service areas in order to help adults adjust to the new demands and responsibilities of being a student. The counseling services provided included academic advising, career counseling, and personal counseling.

#### Summary

Chapter IV contains the results and an analysis of the questionnaire and interview items presented to the chief student personnel
officers at 18 Southeastern public community colleges. All five of
the student services areas (admissions, counseling, career planning
and placement, financial aid, and support services) were found to be
available for older students. Some colleges offered more than others,
but all had recognized the need to improve services for adult
learners. Counseling and admissions services were available most frequently (88.9 percent of the colleges). Support services were offered

the least (55.6 percent of the colleges). The services which were available were perceived to be quite effective by the student services administrators. The ranking of effectiveness for each service was, in descending order, counseling, admissions, career planning, financial aid, and support services. The ranking of the emphasis placed on each service by the institution was, in descending order, counseling, financial aid, admissions, career planning, and support services. The interviews provided insight and reinforcement for the questionnaire responses.

# CHAPTER V SUMMARY, CONCLUSIONS AND GENERAL OBSERVATIONS, RECOMMENDATIONS

This chapter is organized into three sections: a summary of the study, major findings, general observations and conclusions based on the analysis of the responses to the questionnaire and the interview, and recommendations.

#### Summary

The purpose of this research was to identify and to describe the extent to which the special needs of older students are being addressed through the offices of student services of 18 randomly selected community and junior colleges in 11 southern states. The services to be researched were identified through a review of the literature which revealed the needs of adult learners. The service categories included: (1) Admissions, (2) Counseling, (3) Financial Aid, (4) Career Planning and Placement, (5) Support Services. The research was designed to reveal the steps taken toward meeting the special needs of adult students, to evaluate the effectiveness for adult students of the programs offered, and to evaluate the importance placed on these services by each institution.

The chief student affairs officer at each institution was asked to respond to a questionnaire designed to reveal (a) the number of adult students enrolled, (b) the institution's definition of adult, (c) whether or not services in each category were available to older students,(d) how effective they were in serving the adults, and(e) the institutional emphasis placed on each service category.

A preliminary questionnaire and interview questions were provided several student personnel practitioners for their reaction to the appropriateness and clarity of the items. Changes were made in accord with their recommendations. The questionnaire (Appendix A) was mailed to the student personnel administrator in 18 public community colleges in Alabama, Florida, Georgia, Kentucky, Mississippi, North Carolina, Tennessee, Texas, and Virginia. Louisiana and South Carolina were not represented because institutions in these states did not meet the population selection criteria. Cover letters and the letter of endorsement were mailed with each questionnaire (Appendix B).

Telephone interviews were prearranged through use of the Telephone Interview Appointment Card (Appendix C) which was returned with each questionnaire. Each interview was conducted to clarify responses to the questionnaire and to identify the specific programs being used.

Questionnaire and interview responses revealed that, on the average, all 18 community and junior colleges in this study were providing student services specifically designed to meet the needs of their older students. Though this new clientele can be served with traditional services, programs have been conceived and developed specifically to serve adults. None of the colleges, however, were offering services in all five categories.

Generally, the service which received the most institutional emphasis and support was counseling, the services of which have most often been distributed among the five service categories. Financial

aid programs with special incentive scholarships for adults, and admissions programs designed to recruit and easily enroll adults were also strongly emphasized. Career planning and placement programs and support service programs were least emphasized.

When comparing the results, especially interview results, with the findings in the literature on adult student needs, the student services divisions of the surveyed institutions seemed to be aware of and sympathetic to the needs of adult learners. Results show efforts are being made to meet those needs and that, according to the student personnel administrators, those efforts, though limited, have been effective in doing so.

In terms of age, most community colleges considered all students over 18 as adults. Differentiation between traditional and non-traditional students was usually done on a program-by-program basis and with emphasis from each student services staff, rarely by the institution. The general feeling among the student services administrators was that providing quality, effective programs for older students will entice them to enroll, and to continue in their courses once they do. None of the colleges could support this feeling with numbers.

Chapter IV presented the results of the questionnaire and analysis of the responses to it and to the interview items. Descriptions of programs and answers to the research questions are included.

#### Major Findings

An analysis of the data from both the questionnaire and the interview items (representing a 100 percent response rate) revealed the following major findings.

- One half of the student personnel administrators surveyed were unable to supply enrollment data by full-time or part-time, male or female students.
- Services were not offered adults in all five of the categories studied.
- 3. Of those services offered most often, counseling and financial aid services received the greatest amount of institutional support and emphasis for serving adult learners. Career planning and support services received the least amount.
- 4. When addressing the needs of older students, as identified in the literature, community and junior college student services divisions have, on the average, made some attempt to meet those needs. None of them is attempting to meet all of their needs.
- The chief student personnel officer of each institution perceived the services being offered adults as effective in meeting adults' needs.
- 6. None of the student personnel administrators could supply institutional research data confirming their positive perceptions of the impact services had had on increased enrollment and retention of older students.
- 7. Community and junior colleges generally did not officially differentiate between their traditional and non-traditional students, although the student services staffs normally did. Colleges which do not differentiate are less likely to have special services for older students.
- 8. Institutions in this study are not making adequate attempts to meet the non-academic needs of older students in all the service

categories studied. Therefore, many of the needs for services held by lifelong learners are not being met by many community and junior college student services divisions.

#### Conclusions and General Observations

The analysis of both the questionnaire and the interview responses indicated that services for adults in community and junior colleges are apparently improving over what they have been as reported in the literature. The special needs of adult students are being addressed by some of the institutions surveyed, but only in a limited way, and none of them in all five of the service categories studied.

Through various counselor-led groups, or through traditional one-to-one counseling sessions, student services staffs are attempting to help older students in overcoming their anxieties, their low self-esteem, and their lack of confidence in their academic ability and interpersonal relationships. The most popular method of reaching these people was through clubs and organizations which have been designed to offer emotional support while at the same time providing a ready resource of information concerning various aspects of college life.

According to the literature, younger students tend to tolerate the traditional methods of hurdling the application/registration obstacles, but adults quite often see no necessity for the paperwork and the procedure, and they become irritated with much of it. Results of this study showed that admissions services are attempting to eliminate some of these annoyances. Applications are becoming shorter and less complex, requiring less time to complete. Registration (as well

as course offerings) are being taken to locations convenient for senior citizens or working adults. Registration by mail and by telephone are becoming popular.

Recruitment has moved beyond high school walls. Brochures, posters, and visitations to areas of adult concentration, i.e., places of employment, professional offices, and shopping areas, have brought colleges and the services they offer to the attention of more adult learners. Community colleges are becoming places for adults as well as youth.

Much of the financial aid is regulated and determined by federal law and requirements. Basic grants, college work-study programs, and federal loan programs are available only to students enrolled as half time or more. Tuition waivers for senior citizens have provided an incentive for people over 62 years of age to remain mentally active and alert by covering the tuition costs of attending college. Other innovative incentive scholarships are being developed and funded through endowments and foundations. Those who receive these scholarships usually become active recruiters simply by telling others of their fortune.

Career planning and placement services are becoming hubs of activity, not only for traditional students searching for a career goal, but also for older students and community members who are seeking or undergoing a change in their lifestyle. Divorcees and mothers whose children are in school are looking for career opportunities and the training necessary for attaining them. Mid-life career changers are searching for options to their current career patterns and occupations. The services of the career planning offices are

assisting in the decision-making process before students enter college, and are providing support where necessary while they are on campus.

However, aside from the fact that this research has revealed several attempts to meet the special needs of adult learners, discussions with the chief student personnel officers have aroused some major concerns. One is that, since most colleges do not officially define adult, or when they do, they include anyone over 18 years of age, institutions are only paying lip-service to support for nontraditional students while continuing to provide services in the same fashion for all students. Members of student services staffs may recognize the necessity for discriminating between services for youth and services for adults. The problem arises when others, i.e., administrators and faculty, cannot be convinced of the necessity for doing so. If services for adults are not recognized as a priority item by the top administrators in an institution, it is not likely that support for these programs will be more than minimal. To fulfill the mission of the community college for providing educational and support services for its constituents, administrators must be made aware of the needs and understand what must be done to meet those needs.

A second concern is that the pilot study conducted prior to initiating this study indicated that student personnel administrators recognize the need for adult student services and for research in this field. If this might be considered a prevailing attitude among student personnel professionals, then it seems somewhat neglectful for institutions not to be providing a broader range of services for adults at each institution.

Institutional research, or lack thereof, regarding the effectiveness of programs and services on the enrollment and retention of adult students is another concern. If services are going to be offered, they must be so based on research of the needs of students and how well those services are meeting their needs. Only two of the institutions surveyed had conducted the research; the others based their comments either on what they had heard in casual conversation with participants, or on "feelings" they had developed about the success of their programs.

A third concern is that the development of services for adults may be institution-centered rather than student-centered. Several respondents reported a decline in full time equivalent enrollment (FTE) as a major factor in their decision to expand services for adults. If the driving force behind the move to help the older students is increased FTE, then the commitment made by the institutions in this study might not necessarily be to the student but rather to the institution.

The lifelong learning goals and objectives of the older student can be at least partially met at the community or junior college. But services must be available which address the non-academic needs of this clientele. The results of this study show that colleges are attempting to do so, yet only in a limited way. Where there were services for adults in counseling and financial aid, there were none in admissions or career planning, and vice versa.

In the final analysis, the attempts to meet the non-academic needs of older students through each of the student services areas-admissions, counseling, career planning and placement, financial aid,

or support services—at the same time have been inadequate. Therefore, according to this research, many of the needs for services held by lifelong learners are not being addressed by the community and junior college student services divisions at the institutions surveyed.

#### Recommendations

The purpose of this study was to identify and to describe, through questionnaire and personal interview, the extent to which community and junior colleges are providing services to meet the needs of older students. As an outcome of the results of this research, several recommendations can be made.

- 1. It is recommended that all community colleges evaluate their definition of adult student to ensure the services they offer are appropriate for meeting the needs of the various ages of their clientele.
- 2. It is recommended that student services practitioners more carefully evaluate the needs of their students in order to focus more adequately on those needs in providing services. Many of the respondents in this study indicated that the need for their programs was determined by feelings and observations rather than formal assessments of need.
- 3. It is recommended that financial aid offices attempt to create special scholarships for older students, the selection criteria for which might include time away from school or similar standard. The bulk of financial aid funds is made available through federal programs. Many adults do not qualify for these funds because of income or because they are not enrolled at least half time.
- 4. It is recommended that institutions research the need and feasibility of offering a day care service on campus. These centers

could be either self-supporting, separate student services sponsored, or they might be developed as part of an early childhood education program. Only two of the colleges in this study provided day care facilities for the children of their students.

- 5. It is recommended that research of a similar nature be conducted throughout other geographic regions of the United States to examine the findings of this study, and to compare them in terms of the consistency of enrollment patterns, the institutional commitment to serving adult students' needs, and the types of services offered.
- 6. It is recommended that the next step in the research process be to investigate how students who have used these services perceive the effectiveness of these programs--who is staying and who is not.
- 7. It is recommended that services from each category of services be provided through the conduct of on-going support groups for adults. With the presence of a given number of students at regularly scheduled times, adequate support and appropriate information can be given from each service category providing growth and development opportunities for each participant.
- 8. For those who do not choose to join a group, it is recommended that a centralized, diverse program of services be made available for ease of disseminating information and providing for proper support for adding adult students.
- 9. It is recommended that career planning programs be evaluated and revised to include special services for adult learners. Though many are enrolling for personal enrichment, many others are enrolling for retraining purposes, to gain new skills, to become employable.

Yet a large number of these have little or no idea how to make appropriate choices in these areas.

- 10. It is recommended that effort be made to publicize more adequately the services available. A public relations effort with local service organizations, clubs, and church groups would help to promote the services. Peer and financial support might also result from such efforts.
- 11. It is recommended that efforts be made to increase the active involvement of older students in various activities on campus. Several influential, tactful adults active in the proper areas, e.g., peer counseling, tutoring, and work-study programs, could help in convincing administrators and faculty of the value of providing services for adult students.

# APPENDIX A QUESTIONNAIRE ON STUDENT SERVICES FOR ADULTS IN COMMUNITY COLLEGES

Name of your institution	_				
Total enrollment, Fall 1981 (credit head count):					
Adult enrollment, Fall 1981 (credit head count): Full time: ma	ale _	,	fema	ile .	
Part time: ma	ale _	,	fema	ile .	
How does your institution define "adult?"					
In the categories of student services below, check provide each as a new or modified one for adult seffectiveness of each service as you perceive it appropriate numeral (1high, 5low).	tuden	ts, a	and 1	ate	
OFFERED	I	EFFE(	CTIV	ENES	S
yes no	high	ı			low
a ADMISSIONS (e.g., recruitment, orientation, assessing prior learning, etc.)	1	2	3	4	5
<ul> <li>b COUNSELING (e.g., academic advising, special support</li> </ul>	1	2	3	4	5
groups, evening hours, etc.) c FINANCIAL AID (e.g., tuition waivers, special scholarships,	1	2	3	4	5
etc.) d CAREER PLANNING/PLACEMENT (e.g., career change workshops,	1	2	3	4	5
resume writing, etc.) e SUPPORT SERVICES (e.g., adult resource center, child care, etc.)	1	2	3	4	5
Rank the services listed above with regard to the receives at your institution, using the appropriation-192).	empha te le	asis tter	eac! (1-	n -hig	h,
1, 2, 3, 4	, :	5		_	

Briefly explain any service (or aspects thereof) you feel to be especially effective for adult students at your institution:

Thank you for your assistance. Please return the card identifying a convenient time for me to phone you along with the completed questionnaire in the enclosed self-addressed, stamped enveloped.

## APPENDIX B THE INTERVIEW QUESTIONS

- 1. Are the services offered by your institution available to both day and evening students at the same level and with the same emphasis?
- 2. Have any new services or programs been developed, or have old services or programs been modified, which speak directly to the special needs of older students?
- 3. Which service for adults receives the greatest emphasis in terms of budget, personnel, and facilities?
- 4. How did your institution decide to provide these services for adults?
- 5. How have older students been made aware of your services and how many have been served?
- 6. Have you any indication whether or not these services have contributed to the increased enrollment and/or retention of adult students?
- 7. How do you perceive the attitudes of the institution as a whole toward older students?

## APPENDIX C THE TELEPHONE INTERVIEW APPOINTMENT CARD

Telephone Interview Appointment
Name
Institution
Phone ()
Ppreferred day/time Aalternate day/time
11:00 a.m. Thur., Dec. 17
11:00 a.m. Fri., Dec. 18
11:00 a.m. Mon., Dec. 21
Please return this card along with the completed questionnaire in the envelope provided.

WCKII/LSCC/81

### APPENDIX D THE COVER LETTER AND LETTER OF ENDORSEMENT

November 11, 1981

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Dear

Lifelong learning. What better place can many lifelong learning goals be realized than in the community college? Adults are turning to the community college to learn new skills, to upgrade old ones, or simply enrich their lives through academic pursuit. Though we are meeting these needs, are we meeting the personal needs of this "new breed" of college student through our student services?

To find out if we are meeting their needs, I am conducting a two-phased research project which will consist of a short questionnaire (enclosed) and a telephone interview to follow. Please take a few minutes to complete the questionnaire and to make a copy for future reference. Then complete the Telephone Interview Appointment card, indicating the best day for me to phone you. To avoid conflicts with others who might prefer the same day you do select an alternate day as well. Put both the original questionnaire and the appointment card in the enclosed self-addressed, stamped envelope and return it to me by November 20, 1981.

I will call you on one of the appointed days to discuss the five student services areas your institution provides for adult students. (Your copy of the completed questionnaire will serve as a good reference for the interview.)

For control purposes, your name and your school's name are needed. Neither, however, will be used in the research report.

Your help and consideration in this venture will be greatly appreciated, and I will gladly share my results with you.

Sincerely,

William C. Kennedy II Counselor

December 6, 1981

Dear

Well, this is what you get for not answering my questionnaire the first time—a FOLLOW-UP!!! I have enclosed another one for your convenience, so please take about ten minutes of your busy schedule to answer the questions. Make a copy of the completed questionnaire for your reference when we talk. Indicate a time I can call you for an interview (see the enclosed telephone interview card), then return both card and questionnaire to me in the enclosed self-addressed, stamped envelope by December 15, 1981, so I can wrap up the data-collection portion of this study as soon as possible.

Your attention to this matter will be greatly appreciated. I will send the results of this study to you when it is completed.

Respectfully yours,

William C. Kennedy II Counselor

UF College of Education

University of Florida Gainesville, Fla. 32611

Dear

Mr. William Kennedy who is on the faculty at Lake-Sumter Community College is conducting a study of student services for adults in the community college. This is being carried out under the sponsorship of the Institute of Higher Education at the University of Florida. You may be assured of its scholarship import and supervision.

May I urge that you cooperate with Bill by completing his short questionnaire and by talking to him on the phone. We will be pleased to share the results with you when the study is completed.

Cordially yours,

James L. Wattenbarger, Director Institute of Higher Education

**Enclosures** 

## APPENDIX E SAMPLE INTERVIEW TRANSCRIPTION

The following interview transcriptions are representative examples of the telephone interviews conducted with the chief student personnel officers of the 18 Southeastern community colleges surveyed in this research. The letter "I" indicates questions or comments by the interviewer; the letter "D" represents the responses of the interviewee (Dean).

#### Interview 1

- I--Are the services offered by your institution available to both day and evening students at the same level and with the same emphasis?
- D--Within certain definitions, yes they do get the same treatment. For example, admissions, counseling, financial aid. We have limited staff, and they all work from say 8:00-4:30. Then we have a night employee whose job it is to be counselor, admissions officer--everything rolled into one, especially for the benefit of night students. That person, if you come out to apply, will take an application; that person is a counselor with a masters degree, a requirement for that position, and the only difference between their duty hours and everybody else's is that they're assigned to work from 1:00-9:00, everyone else the 8:00-5:00 routine.
- I--Have any new services or programs been developed, or have old services or programs been modified, which speak directly to the special needs of adult students?
- D-Bill, there will be nothing here in terms of special programs for this type of person. We have tried a couple of things this fall having like a special room set aside, and there really weren't any takers. So we stopped the idea. As far as programs--something you are probably familiar with from the federal end of it--is with what is called the Displaced Homemakers Program. That's the only thing we have here in the way

- of a special program, and because of the nature of the program, it's going to meet the needs of most of the adult students.
- I--Concerning the special room, what did you do to let people know this was available?
- D--During the registration process they announced it to students in orientations; during the first couple of weeks of classes, there were signs posted around hallways and things like that.
- I--Which service receives the greatest emphasis in terms of budget, personnel, and facilities?
- D--That's in relation to the adult student, correct?
- I--Right.
- D--OK! The counseling end of it by a long shot. We made a commitment, I guess 3 or 4 years ago. When I first came on, that's how we started was a part-time counselor for the evening program, and I was also coordinator of continuing ed. Over a period of years, we moved to a full-time coordinator of continuing ed, and a full-time counselor for the night student. And that's the stage we're at now. So counseling by a long shot. Now that counselor does such admissions work, financial aid work as they can do at night. Again there are other people in the day time to bring the stuff in to.
- I--Which of the other services receives similar emphasis?
- D--In terms of commitment of time and money, counseling has it. Financial aid second, again probably because of the money, and we have a financial aid clerk who--that's her total responsibility. Our admissions clerk is also secretary to me, so she's halftime admissions clerk, halftime secretary. And then as far as support services go, we have nothing like child care or things like that. We do have a learning resource center, but that isn't part of my division per se--it relates to the whole school. And of course career planning-placement is part of the responsibilities of the counselor. But even then, that becomes a minor part. Most of the counselor's job other than academic type counseling and a little personal counseling, career planning perhaps occasionally enters the picture. Most of their job is almost anything but career planning, or this type of thing. In our system that is pretty much a function of the advisors.
- I--How did your institution decide to provide these services for adults?

- D--Probably the most critical thing was sheer numbers. The evening program has approximately 300 students out of 1,000. So roughly a third of the enrollment was at night, and many of those people had no contact at all with the college in the day time. And of course everybody at that time went home at 5 and there was no one here except custodians. If they wanted a transcript sent, there was nobody here. If you needed to see a counselor, there was no one here in that capacity. So that was our basic thing, and we kinda decided to at least make a financial commitment to one person being here. That was the deal.
- I--What has been the effectiveness of this evening program? (Feedback from students, etc?) What are the details--cost, when started, number served, publicity, effectiveness.
- D--I feel like from the standpoint of the evening student comments we've heard, that one person at night is a big asset to that program. We would love to be able to fund like you know a part-time secretary to work at night to help. That would help to keep the college switchboard open which we cannot do at the present time. The biggest problem we have run into is that, in the past couple of years, with the economy being like it is, our evening students are diminishing in terms of the number of them. And of course, we're committed to keeping that one full-time person on, but we would like to see the enrollment higher at night to justify that person.
- I--Have you done any research, in terms of questionnaires, of evening students to see how they are looking at this service you are providing? Any quantitative things?
- D--Well, not anything extensive. Of course as far as that person's effectiveness in connection with our annual performance review of faculty and staff, that person goes through a certain evaluation and one of the questions asked of the counselors is "are you aware that they are here?" type thing. We have surveyed our evening students more from the standpoint of wanting to know what they're interested in taking.
- I--Have you any indication whether or not these services have contributed to increased enrollment and retention of adult students?
- D--This is just a feeling that I have from observation and little comments that have been made in the last two or three years. I really don't believe that having the person at night we have increased enrollment or retention, nor do I feel like it has hurt it. I feel like it's been the aspect of--we look at it from the standpoint of what is fair and right to the students. If a third of your student body is here at night. We did a survey shortly after I came on 76-77 along in there, and at

that particular time--this is kinda an indepth study we did of what kind of student is out here at night--we found that, say of a thousand students, approximately 50 percent had some kind of contact with the night program; either a full-time student at night, or part time, what have you, or they were taking one class at night. So when you consider 50 percent of your student body has some contact with the night program, and then about a third of those students, 300 of them, have exclusive contact (never here in the daytime) we felt that from the standpoint of budgetary allotment, with a third of your student body only here at night and 50 percent having some contact with it, we definitely ought to have someone here to provide the program. That was the reason and the rationale behind it. I'm sure that there probably is some advantage that's come about but nothing that you can really cite. I can't say that because we have a counselor at night we have more people at night, that wouldn't be borne out by the actual facts. By the same token, that person--you're talking about one person with a lot of different responsibilities--I'm sure that because that person was here and gave them a financial aid paper or form, but there is nothing objective I can look at and say "yes, it's justifiable." We do have the feeling from feedback we get from people that it has been worthwhile, and we felt that we had an academic commitment to be fair to the student body and provide somebody here at night.

- I--How do you perceive the attitudes of the institution toward the adult students?
- D--Officially as well as in terms of operation, we regard the adult student as strictly a student like anyone else. We try to be fair with them. We try in our night program. For example, many schools like a separate dean for the night program; we don't. It's all handled as part of a total responsibilities of the school. Our teaching faculty, if they have say 5 classes to teach, in most cases they'll have 4 daytime and one night. So we try to feel like there's no difference in what you get at night as opposed to what you'd get in the daytime, with the exception of the schedule arrangement. use two-and-a-half hour class meeting once a week for the most part. As far as reaction this past time with budget crunches being what they are and freezes on positions, we have had people quit which has caused us to have vacancies in our night program, and the faculty have been most concerned that when we started cuttin' and coverin', it was hard to cut and cover our night classes. There wasn't that much flexibility there, so I found that they were concerned that that happened, and that we had to use a part-time instructor to flush out those classes. In terms of availability to advisors, many of our faculty are concerned that the night student doesn't have quite the availability, and that maybe we could assign an advisor so maybe he is here at night. We use a program approach. If

your major is law enforcement, you'll be assigned to the law enforcement instructor. And if he's not here at night, that particular semester, it's kind of a problem there. Most of our faculty do make a commitment. They'll come out one night maybe to preregister their students or counsel with them or whatever. But it's a problem. But I think you could safely say that if administratively, as well as our faculty position, is that of support for the night students. We want to make sure that they have the same type of things.

When we talk about adult, we don't really pull them out as a separate category. We do break it down for statistical and analytical purposes. A student is a student, and your age is kind of irrelevant to us.

We have had off-campus classes, we have done some TV type classes. But we really haven't had success with them that some of our sister institutions have had, and again that audience is mostly an adult audience. It's just what we find here, and I think it's probably a philosophy of this school. We followed an institution that folded about a year before we started, that was a junior college. So in the community, there is a lot of what might be called an interest in the liberal arts. Many of the people here are, you know, the program is here in existence. They are oriented to the idea of coming out of the campus to take classes. Nontraditional forms just have not had the appeal we thought it might. So it's the type of thing we've offered them, but they want to be in the classroom. I think that is a uniqueness to the community, and within our community college system we've been told many times we are regarded as the liberal arts college, kind of the elitest type college. Our student population is probably 50-50 or closer to 60-40 transfer versus technical. but the community has an orientation to higher education that's the old junior college orientation. You don't really buck it, you simply go along with it.

## Interview 2

- I--Are the services offered by your institution available to both day and evening students at the same level?
- D--We've looked at special services for the 25 and older student, although we consider all of our students to be adults. This we do because of the particular needs of this group, though they don't seem to be extraordinarily different from the other students.

No! That's where it is. Now in our effort, we do emphasize it, but we are now in the process of gearing up for the evening student. Now the other thing is, we operate in the

premise that most of our evening students come and--now, I said no because I was thinking about a particular program. As far as admissions is concerned, yes! As far as registration is concerned, and counseling is concerned, yes! As far as, you know, child care, yes! But as far as having the financial aid office open for the evening student, we don't. We do it by appointment only. For career planning and placement, by appointment only. For veterans, by appointment only. We don't have a registered nurse or health services on duty in the evening, only 8 to 5. A nurse is on duty, but she is an instructor at night. When I said no, it had to be a qualified no, because in admissions, for example, we have a special early evening registration. We have counseling and advising and testing at night. But we have it one night a week. Testing is one night a week, counseling is four nights a week. So whereas testing is available to our students during the daytime for five days compared to one night for the evening student. Now most, we think most of our adult students are here at night, but we're not sure, we don't have that data.

- I--Are there any special programs during the day for the adult student?
- D--Yes. We have what we call the Second Wind Group, a group which supports, a growth group, an informal club for second winders. They're the 25 and older who have or are a little hesitant about returning to school, especially competing with the young student in the classroom; a little test anxious; not so sure they can make good grades; having little guilt complexes because they are assigning more time to study than to housekeeping and that kind of thing. So, we have a special emphasis for that kind of support. We also have support services for those people who are handicapped in the daytime. We have it at night, but we really have some people that are older and have heart trouble, are arthritic, and so forth. We have a full support service for them in the daytime. programs for that. Then, as far as admissions is concerned, we have a special feature whereby an adult student can come in and do a short form on the admissions application and you know, he's in, right then. He doesn't have to worry about a transcript. It's a temporary thing that we provide for them. and we allow them 12 hours to get their feet wet and not hassle them about having to get their transcript from their high schools from which they graduated 30 years ago--though they eventually have to have that.
- I--Have any new services or programs (or modified services or programs) been developed which speak directly to the special needs of the adult student?

- D--Yes, we have another program called a displaced homemakers program for the divorced, the widowed, and so forth, and we do have that particular program. That is relatively new, and it's taken on like you wouldn't believe! We have tutorial services for them as well as for the regular traditional student, and we give them an opportunity to serve as tutors. And they do, by the way. This gives peer support as well.
- I--Which service for adults receives the greatest emphasis in terms of budget, personnel, and facilities?
- D--That's hard to say! The tutorial program, displaced homemakers, and so forth, that's soft money. Career planning is
  soft money. Of the five, specifically, . . . now you say for
  what is the greatest budget in these five areas for the adult
  student? I really can't say. The least would probably be
  financial aid because the people we're talking about have
  part-time jobs and such and just don't qualify because of the
  federal guidelines and so forth. We do have adult students,
  however, who are recipients of private donor scholarships.
  There are several. We have several mothers who are on private
  donor scholarships now, you know, nurses, etcetera.
- I--How about senior citizens tuition waivers? Do you give any of these or anything?
- D--No. Not yet.
- I--You've already addressed the question of which service receives the next most emphasis, so the next question is, how did your institution decide to provide these services for adults?
- D--We have a vice president who is in charge of the program development, and he was in contact with a local junior league of the city. The junior league asked for some information on the number of displaced homemakers that were available around this area and from that question and our interest in the older student--you know for a long time we have had an interest in the older student. We just haven't gotten around to having a sure enough program for them. But with that question, and the interest on the part of the junior league, the emphasis from some of the students who were already enrolled, we moved forward with it, and developed the program and developed and been funded through the junior league and the state agencies for this, our third year. Now, the tutorial service--Oh! By the way, there is another program--the mentoring program that we started just because we knew that there were people who on campus who were fearful of being here, so we decided to do a faculty mentoring program for older students. It works beautifully! For some students, we've lost them; for others we've kept them. But at the same time the concept is really

something and we're really--I see some really good things coming from this. But back to the tutorial services. What happened there was that we needed to move forward with tutoring. We realized that many students were coming to us with academic skills that were below those necessary to succeed in the college setting so we sat down and decided that it just had to be a service to students. So we dug down deep and did a proposal and submitted it and received funds. And so, what we did was not only provide tutoring for those that needed academic skills, developing academic skills, but also we were thinking in terms of the older students who could provide and give them an opportunity to be of service and to serve in that capacity, to build their own self-concept and confidence as tutors, and it has worked fine.

- I--How many are you serving in any of these programs?
- D--I don't have that number right off the top of my head, but I know the first year in the displaced homemaker program we served about 400, and now about 1,400 unduplicated heads. And we serve them in small groups or individually. Counseling. Large support groups. We have a group that meets every Monday night, and it's been a very rewarding experience for us. Now the tutorial center we started with a target of 400. The first year we served about 325 and went up to about 600 in the third year. Students do not pay for this service. It comes from soft money. Tutors are chosen from faculty-recommended students who are interested and could serve well in the tutoring setting. We also request the Phi Theta Kappa to tutor. We train the tutors and have weekly and monthly meetings with the tutors. We also solicit help from Baylor University in special fields of biology or whatever.
- I--How have older students been made aware of your services?
- D--Through every way possible--media on and off campus, posters. In every program area we have notices that tutorial services are available. The tutorial center has carrells and areas for small group sessions, chalkboards. Now, we're looking toward the concept of the classroom facilitator. So we have people in the classroom now working with the instructor helping the students. And we have satellite labs--math, communications, science. They are under the instructional dean, but we supply the manpower for those.
- I--You feel that these services have been effective for these
   people?
- D--Oh, decidedly!
- I--Have you measured it in any way?

- D--Yes, but I don't have the results with me. We've seen great change. The most important thing is that we don't lose them. Those with academic potential stay with us. If they start with a 'D', they may go up to a 'C'. But they don't quit, which I think is successful.
- I--Have you any indication whether or not these services have contributed to the increased enrollment and/or retention of adult students?
- D--We really don't know, but I feel that it has.
- I--How do you perceive the attitudes of the institution as a whole toward older students?
- D--Very, very positive! We realize and acknowledge their presence, and we know we need to be much more conscious of their needs. We are devoting time and energy and spirit to be more aware, as well as to put into effect to implement services and programs and even class scheduling for the students 25 and above. We have a Saturday college--not very large, but that's to accommodate the older student who cannot come during the week or the night. So, some come and take courses on Saturday. The attitude is exceptional. We know we can do better. We have some very special programs here. You know, without the adult students, we wouldn't need the special programs, and we'd be out of jobs.

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## BIOGRAPHICAL SKETCH

William Cottrell Kennedy II was born December 5, 1946, in DeLand, Florida. As the dependent son of a career Army officer, he grew up in various states in the United States and countries in Europe. He graduated from Palma High School in Salinas, California, in 1964. He attended Monterey Peninsula College in Monterey, California, and Lake-Sumter Community College in Leesburg, Florida, earning an Associate of Arts degree in August, 1967. In September, 1967, he attended Stetson University where he received his Bachelor of Arts in May, 1970, with a major in English and a commission as a Second Lieutenant in the United States Army.

The following year he taught English and journalism at Eustis High School. From 1971 to 1973 he served as a platoon leader and company executive officer with the 4th Batallion, 63rd Armor, 1st Infantry Division, Fort Riley, Kansas. Following active duty, he taught English at Tavares High School, Tavares, Florida, then returned to Stetson University in 1974 to earn a Master of Arts in counseling in August, 1975.

After graduation, he joined the faculty of Lake-Sumter Community College, Leesburg, Florida, as the counselor. He was granted a year's professional leave in 1978-1979 to attend the University of Florida to complete his doctoral course requirements in counselor education. In

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I certify that I have read this study and that in my opinion it conforms to acceptable standards of scholary presentation and is fully adequate, in scope and quality, as a dissertation for the degree of Doctor of Philosophy.

Janet J. Larsen, Chairman Professor of Counselor Education

I certify that I have read this study and that in my opinion it conforms to acceptable standards of scholarly presentation and is fully adequate, in scope and quality, as a dissertation for the degree of Doctor of Philosophy.

Phyllis N. Meek

Associate Professor of Counselor
Education

I certify that I have read this study and that in my opinion it conforms to acceptable standards of scholarly presentation and is fully adequate, in scope and quality, as a dissertation for the degree of Doctor of Philosophy.

James L. Wattenbarger Professor of Educational

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This dissertation was submitted to the Graduate Faculty of the Department of Counselor Education in the College of Education and to the Graduate Council, and was accepted as partial fulfillment of the requirements for the degree of Doctor of Philosophy.

August, 1982

Dean for Graduate Studies and Research

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